



The Teachings of Babaji



*An Enhanced Version
Compiled and Published
by Babaji.net*

Introduction

This eBook is an enhanced version of *The Teachings of Babaji*. In addition to the preserved talks that were either transcribed during the time the talk was given or recorded and transcribed at a later time, we include many quotes by Shri Babaji on a variety of subjects - usually themes that He revisited regularly during these talks and were also incorporated in His messages, plus we include a Glossary of Terms. We have also included many pictures throughout the eBook.

This publication is a work of Love by Karma Yogis and Yoginis participating in the intention of spreading awareness of Shri Babaji and His teachings throughout the world - this is in response to the many instances that Babaji Himself had repeated in His communications which you will encounter when reading the teachings.

Babaji insists that we concentrate *more on the message than the messenger*. As fascinating and charismatic as the personality and physical body are to all of us, what Babaji requests of each of us is to be inspired to live on the higher path and let go of our differences, the selfish attitude of "my" and "mine," so that we could live in harmony, helping each other to reach our highest potential.

You are urged to share this information with any and all persons you are able to.

This information has been compiled, formatted and published by Babaji.net - Babaji's Online Ashram. Our website is meant to create a spiritual community in support of the teachings and to give guidelines in how to put these principles into action in the way that Shri Babaji has taught us. There are also trainings in performing many of the practices learned at Herakhan - Jhara Healing, Fire Ceremony, Pujari Training and others. Please visit our website, [sign up for our newsletter](#) and participate in our *Healing and Peace Meditation* which takes place on an international level every full and new moon. To receive a reminder before each meditation [please join our email notification list](#).

We wish you Babaji's Darshan and Blessings.

Om Namaha Shivay



Truth,
Simplicity,
Love



Love and serve all humanity.

Assist everyone.

Be happy, be courteous.

Be a dynamo of irrepressible joy.

Recognize God and goodness in every face.

There is no saint without a past and no sinner without a future.

Praise everyone. If you cannot praise someone, let him or her out of your life.

Be original, be inventive.

Be courageous. Take courage again and again.

Do not imitate; be strong, be upright.

Do not lean on the crutches of others.

Think with your own head. Be yourself.

All perfection and every divine virtue are hidden within you. Reveal them to the world.

Wisdom, too, is already within you. Let it shine forth.

Let the Lord's grace set you free.

Let your life be that of the rose; in silence, it speaks the language of fragrance.

~ I am always with you ~

Shri Babaji Haidakhan

~1984~

Table of Contents

Table of Contents	4
Who Is Babaji?	5
The Teachings Of Babaji	7
1983	8
Comments On Various Subjects	76
Not A New Religion	77
The True Devotee	78
Jealousy And Envy	79
Politics	80
The Next Generation	81
Japa	82
Work For The Whole World	85
Only One Is Enough	86
The Body Is Only Here To Serve	87
Religion And Country	88
Surrender	89
Work Prevents Disease	90
Do Something More	91
Cleanliness	92
Karma Yoga	93
Truth, Simplicity, Love	95
Whatever Work Is Needed	96
Ashram Rules	97
Kriya Yoga	99
Not By Force	101
Full Table Of Contents Part 1	102
Full Table Of Contents Part 2	103
Glossary of Terms	104

Who Is Babaji?

Haidakhan Wale Baba lived in the foothills of the Himalayas, in the Kumaon region, birth place of many of India's great saints. He was acknowledged as Shiva Mahavatar Babaji, the eternal manifestation of God in human form.

Babaji's recent physical manifestation was between 1970 to 1984, when He appeared in a holy cave at the foot of the Kumaon Mount Kailash in a remote village called Haidakhan or Herakhan. Many people, from all over the world, have mystically been drawn to Babaji through extraordinary events, dreams and visions and are receiving His Blessings.

Babaji urged the people to "follow the religion that is in your heart." He said "every religion leads to the same divine goal" and that he had come to revive the eternal and ageless religion, the Sanatan Dharma; the three basic principles: *Truth, Simplicity, and Love*. He emphasized constant repetition of the ancient Sanskrit maha mantra *OM NAMAH SHIVAYA* - "Lord Thy Will Be Done."

Shri Babaji is acknowledged as the Shiva Mahavatar Babaji described by Paramahansa Yogananda in the book *Autobiography of a Yogi* - a Mahavatar being a human manifestation of the Divine who can materialize a body at will. Babaji's devotees believe that He has continually manifested since Creation to help Humanity. One manifestation of Babaji was around 1800 at which time He traveled extensively in the Kumaon region of the Himalayas, gathering his devotees and disciples around Him. In 1922 He traveled to the meeting place of the Kali and Gori Rivers, seated Himself on the surface of the water and disappeared in a ball of light.



His latest manifestation was between 1970 and 1984, and was foretold by a great Saint, Mahendra Baba; who, following a lifelong search for Babaji, experienced a miraculous meeting with Him at Siddhashram near Ranikhet in Uttar Pradesh, India. Thereafter, Mahendra Baba devoted himself to traveling through India prophesying Babaji's return.

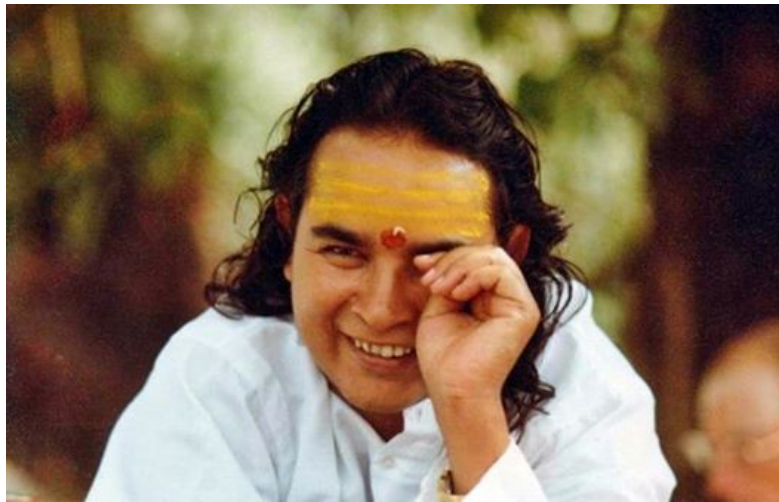
Babaji appeared in 1970, as a youth of 18 or 20 years, in a holy cave at the foot of Kumaon Mount Kailash at Haidakhan, near Haldwani in Uttar Pradesh, India. His divine power was experienced in many ways: in September of 1970 He ascended Mount Kailash and sat on the summit without food or sleep for 45 days; several people saw Him simultaneously in different places; He healed the sick; He brought transformation into many people's lives.

Babaji spent most of His 14 year incarnation at Haidakhan where he established a beautiful ashram, and near the village of Chilianaula, near Ranikhet, He built a large and breathtakingly beautiful Temple and Ashram overlooking the Himalayas.

Babaji taught that He had come to revive the Santana Dharma, the ageless Eternal Religion from which all religions have come. He stressed three basic principles: Truth, Simplicity and Love. He emphasized constant repetition of the mantra "Om Namah Shivaya," "I surrender to God," and selfless service to mankind.

Many people have been drawn to Babaji and many spiritual centers in the West have been dedicated to Babaji and His teachings. Thousands of people all over the world have received Babaji's blessings and have been called to the spiritual path through extraordinary events, dreams and visions.

Babaji left his body on 14 February 1984. He had come to give a message to the world, and having done this, He left. His last message was: "*I am always with you.*"



The Teachings Of Babaji

It is Babaji's desire to get his message to as many human beings as possible, to give them the chance to purify themselves and live on the higher path, in order to save as many people as possible. He says all will have to walk through the fire. Those who are living on the higher path will come through it as a purification and build a new world on the other side of this fire: a world of cooperation, mutually beneficial activities and projects, a sort of golden age, where ego, disruption, and conflict are eliminated.



Babaji insists that we *concentrate more on the message than the messenger*. As fascinating and charismatic as the personality and physical body are to all of us, what Babaji requests of each of us is to be inspired to live on the higher path and let go of our differences, the selfish attitude of "my and mine," so that we could live in harmony, helping each other to reach our highest potentials. We have only to call his name to receive instant blessings whether he has a body or not. He is in our hearts, whether we see him

or not, hear him or not.

We cannot be idle. We cannot be lazy. We cannot be without purpose. Our purpose is to serve, to elevate humanity, to enable humanity to be purified without destruction as the great fire approaches. The goal is to walk through the fire, be purified and survive to create a new world on the other side. With preparation, with the teachings, with Truth, Simplicity and Love, YOU will be able to jump into the great fire and come out the other side to a better life. This website is built from the hearts of Babaji's devotees. It is a place for all of us to get together in community, sharing our realizations and insights with each other, even though we may live far apart.

Millions of mini-ashrams can be created all over the world to serve the local people of each area. There are guidelines on how to make your home an Ashram (Pujari Training Email List). There are only a few who can live in a large ashram. The many will need to stay close to family and work. This will eliminate the need to spend resources on travel or lose time from work. By de-centralizing the Ashram and making each HOME into an Ashram, the light is spread much more efficiently. We come together in Shri Babaji's name to practice the teachings and support each other on the higher path during this time of the Great Revolution.

5 January 1983

"Everybody must come in time to darshan, kirtan and aarati. Manage your time effectively, so you are prompt. When you go back to the West, do aarati and kirtan at proper times. Everybody can do aarati and puja at this home. I dislike idleness and gossiping. You have taken this birth on Earth to work. Work hard! After death, what will you show to God? Not only here, but wherever you are, work hard!"

Shri Babaji to the Italians

"Don't use intoxicating drugs, but learn from Gora Devi's devotion and purity. Why do you travel here so far from your home, yet to lose yourself in drugs? It is strictly forbidden to use drugs and you must leave if you do so, because there is no progress; you remain the same.

"Once upon a time Rome was the highest city of all; then it degenerated. Don't repeat history in Herakhan. You must learn not to use drugs, so you can teach others not to use them.

"BHOLE BABA KI JAI -- JAI MAHAMAYA KI "

7 January 1983

During Evening Darshan

In the evening during darshan, Shri Babaji told that soon in America people will get a form of disease which they will be unable to stop and which will cause death. Some will vomit themselves to death; still others will bleed to death from cuts, which will not stop bleeding. There is no sure prevention and there will be no cure. He recommends fasting as the best means of avoidance.

"These diseases will spread from America to all parts of the world."

Later that evening Shri Babaji called another devotee and told him that he should tell people in the area around Hardware and elsewhere in India, that soon there would be an epidemic of deadly malaria, impossible to cure. To prevent this malaria, people should take anti malaria pills every week. He directed that this announcement should be published in the Haldwani newspapers and also in the USA.

JAI MAHA MAYA KI JAI

9 January 1983

"All of you must learn to be disciplined. Be alert 24 hours a day. If you are not disciplined and idle your time away, there is no point of coming to Herakhan.

"All must vow to always work and serve, think good and do good keep good thoughts in your mind.

"According to my plan, liberation will come only to those who practice karma yoga. There have been many yogas - bhakti yoga, gyana yoga, prem yoga - but in this time only karma yoga can benefit you.

"I instruct you to always spend your time industriously. Whatever work you do, do it in the name of Babaji. Whatever money comes to you, spend it for good purposes.

"I say all this in the service of humanity. To work, think good, and dedicate your life to Humanity is the best. The only necessity of this Yoga is karma yoga through service. Everybody must spread this message. More and more people must be acquainted with these thoughts and teachings. Each corner of the world must awaken to these words. It is My desire that there be harmony in the universe. My plan is one of love, one where the lion and the goat can drink from the same well.

"I dislike idleness. Hard work will benefit you. When the time comes, you must be prepared to do any kind of work that comes to you.

"BHOLE BABA KI JAI -- JAI MAHAMAYA KI"

16 January 1983

"Everyday you are given teachings.

"A General Body Meeting will be held on February 25. More and more people must take part in these meetings.

"All of you, who are here, from all countries, must vow to spread the message of Babaji. Help those who are deceived and show them the path of righteousness. Societies today have degenerated greatly; you must help elevate them. Inspire them that work is the highest thing.

"Walk on with courage and bravery. Go on working to improve humankind and establish the Path of Truth. I want a creation full of brave and courageous people and you should make the next generation brave and courageous too. I am against non-violence that makes a human being a coward. Fight for truth! To face life, you must have great courage every day.

"Many times I have told you that by karma yoga alone will I give you liberation.

"A change in the world is coming soon. Change is nothing new,, it is the law of nature. The rhythm is that those who are born must die and those who die must be born. We must face the coming destruction in the world with courage. I want you to be very alert and careful. Be ready to face the world.

"Think Good, Be Good, Do Well!"

"BHOLE BABA KI JAI"

22 January 1983

After the evening aarati, while bhajans were being sung, Babaji encouraged people to dance around the temple. About 25 people danced for ten or fifteen minutes. Later, Babaji said:

"Just as all of you danced around the temple, so in your city, or village, or country you must dance around the temple, or the murti, or a photograph of Baba, in groups, chanting kirtan and Om Namaha Shivaya loudly at least once a month. Throughout the world, Om Namaha Shivaya must be spread in this manner. No place must be without the name of Om Namaha Shivaya; on every street, in every house it must be spread.

"This Om Namaha Shivaya is like nectar; feed everyone with this nectar. Shri Mahaprabhuji wishes that all words would disappear from this world, except for three - Om Namah Shivaya. This is the original mantra. When Primordial Energy first appeared, the first mantra that She uttered from Her holy mouth was Om Namah Shivaya.

"Shri Mahaprabhuji wants to transform men, who are like devils these days, into Gods. Shri Mahaprabhuji never hates any caste or creed; He only hates inhumanity. One can follow any religion, one can follow any religion, one can follow any practice or path, but one must be humane. At present, it is a most necessary thing for the world to become human - this is the first step. Shri Mahaprabhuji wants cooperation from you; by following His teachings, you must try to become humane. Every human being must promise with a true heart that he will cooperate with Babaji; He shall help him to be humane. This is the only service Shri Mahaprabhuji demands of you.

"Remove unrighteousness from the world. Even if you have to shed blood like a river, you must be prepared to do any act to protect righteousness on the earth. The shedding of blood can only save righteousness. This is revolution, and have you ever heard of a revolution without blood being shed? That is why you must become alert and become the true lover of your religion.

"Everyone must consider his country as heaven and remove 'I' and 'my' from his mind. Put all your effort into service of country and humanity. Because great calamities are going to come in this world in the future, Shri Mahaprabhuji has warned you many times and told you to become alert and careful.

"JAI MAHA MAYA KI

"The message that is given here must be spread like electricity throughout the world. Do it quickly!

"We must create many institutions; we must spread the message by making committees. The message must be published in all newspapers throughout the world.

"Jai Maha Maya Ki! Always Jai Maha Maya Ki (which means Honor or Glory to the Great Primordial, Creative Energy) must be your slogan, you're greeting to each other."

24 January 1983

"Any day when aarati is being done by people from a certain country, all the men and women of that country should participate in it. When a German does aarati, all Germans must take part in it; when Swiss people do aarati, all the Swiss should take part in it.

"Likewise with the French, Italians, Americans, etc.

"This is a new universal law, given for Herakhan Vishwa Mahadham, since the new code for the universal kingdom will start from Herakhan. This law will be universal law. This is not for one country but for the entire world.

"'Dhara 44' - Code No. 44 is the name of this law, and a person can be punished if he breaks this law. All of you must obey the law. This is a universal law. *The world is going to be a universal kingdom; there will be one king, one law in the whole universe.*

"The old laws and regulations are not applicable now. They have lost their validity; due to corruption in the law ministries, the old law is no law now. The new law is like a morphine injector it has immediate effect.

"Do not take the law into your hands. Be controlled by the law; do not control the laws by taking them into your own hands.

"Shirdi Maulana is speaking all this. You may know about Shirdi Maulana. He lived during the Muslim rule in India. He is now making the rounds everywhere, going here and there to help humanity. Now he is here, speaking through Shri Mahaprabhuji.

"He says that 'I' and 'my' have put a veil over the hearts of people. People have become self-cantered and selfish. How can there be peace when the mind is full of ego and selfishness? Who is big enough in this world now to sacrifice him for universal service and love? People have degenerated to the point that they are prepared to kill or harm others for their own selfish works or motives.

"All of you must try to destroy the corrupted law and establish true law in the world."

29 January 1983

"God resides only in cleanliness. If there is impurity in you, how can God reside in your heart? So to reach God, look to cleanliness.

"In life, everything is action, kriya, eating, drinking, coming and going. Everything is full of activity; every moment is full of action. It is the duty of every one to be active; to be lazy is like making yourself dirty. Those who live in Haidakhan must be very clean, take baths, and have only clean thoughts.

"JAI MAHA MAYA KI JAI"

2 February 1983

During His Evening Bath

"All my body is meant to dry up one day, so don't care to put too much oil on it. This body is here only to serve people.

"All the living beings, animals, flowers, plants, and stones have been given a form by God and this body has been given by God to perform a duty in this world. So even my own body has come only to perform a duty and to serve all human and living beings.

"But when human beings come in this world, they forget their duty and they fall into the attachment of maya and into the concepts of 'me' and 'mine' and so they forget God.

"JAI MAHA MAYA KI JAI"

16 February 1983

"Babaji is the Compassionate One.

"Babaji will fulfill all your desires if you come to him.

"In return He asks you to be human. You must work. You should do your work, whatever it may be, to the best of your ability.

"You must be alert in every moment.

"You must be true to your country.

"This is the time for action as is explained in the Bhagavad Gita. All religions and castes are acceptable."



21 March 1983

"I want to congratulate the people who stayed behind here (when Shri Babaji went to Vrindaban and Bombay) for decorating the kirtan hall with beauty and dignity. I congratulate you, because you have tried to bring heaven to this earth. The cleanliness, beauty and dignity you have created demands appreciation. Now it is everyone's duty to maintain them.

"Every human being should understand his duty. A real human being is he who does his work/duty equally, whether I am present or not. You have brought such artistic beauty to this hall that the atmosphere around, nature, and even the Gods are pleased with you; this hall has become a home for divine beings.

"As I have told you before, the thing needed in this Age is work (karma yoga). In every Age people have reached salvation through different types of action and sadhana (spiritual discipline), but in this Age one can reach liberation only through hard work. I want real, practical human beings and only he is a true human being who lives in accordance with this Age. We need not consider religion or caste, but look only to hard work. Arjuna, for example, was renowned as a karma yogi, and even King Janaka was famous for being a karma yogi. You should progress on this road of karma yoga in the same way. The troubles that beset this Age can be resolved through karma yoga. You should become pioneers of this Age and search for truth. You have to become adventurous and awaken truth within you. This is real yoga.

"At present, world crises are increasing, this we have to remedy. As I have told you before, you all should become brave, steadfast and truthful in action. Become of good character and conduct. Regardless of which country you come from, you will have to act your part for the great changes of this Great Revolution. You must not spend your time wastefully but utilize it by doing the right kind of work.

"You may ask 'How will Babaji bring about this Revolution?'

"I have repeatedly told you that when the right time comes, all will be revealed. You may wonder also how one can counteract all the powerful weaponry and atom bombs that have been produced. The fact is that such weapons already existed in the days of Rama; even in the Dvapara Yuga they existed. Present day science has not yet reached the stage of development of those times. Then they had rain producing weapons so that you could take a bath in the water they produced. Present day science is far from reaching this stage. When the right time comes, all will be revealed on its own.

"Just as the days of the Mahabharata the Pandavas had come into possession of powers, in the same way, when the time comes, all will come about by itself. This revolution will set fire to the whole world. Only those will live who have adventure in their hearts, those who are wed to truth. You should all go forward with courage and adventure. This is why you should proceed with your duty always foremost in your mind. Idleness is death for a human being. Due to man's idleness, the world has reached a point of total despair. To do karma is the true path and in that only is there happiness and peace."

Babaji, commenting on the way kirtan is conducted, went on to say how kirtan should really be sung and played:

"Kirtan should come to you naturally and through your soul. When you sing, you and those who listen to the kirtan should enjoy it, it should be sung in harmony, with a slow rhythm. Put your soul into it and it will flow. Don't sing kirtan as though you are competing with one another or fighting with each other, beating very fast rhythms - the melody should flow in all its sweetness.

"JAI MAHAMAYA KI JAI"

22 March 1983

"Every day you hear something and today I will repeat what I have said before. A great Revolution is coming. Wherever you live, be prepared to face the Revolution. Whatever occupation you might have, take part in the Revolution. Whether one works in the police department or in the military, everyone will take part. Everyone must spread the message of Babaji, wherever he lives. Only that person can take part that is prepared to face death, which is prepared to die at any moment. Only the man who is daring and has courage, who is prepared to die for the sake of righteousness, is fit to face the Revolution.

"The whole universe will be involved in this Mahakranti (Great Revolution). It is not limited to India. I am warning everyone in the universe. In whatever area one may live, he must spread this message. To whatever profession a person may belong, whatever may be his activity, he must take part in this Revolution. This will be the greatest Revolution in the history of the world, so all of you must be alert and make others alert.

"Awake! Arise! Everybody must make a firm resolve. Men and women from all over the world must take part. In other Yugas, only men took part in revolutions and wars but now women are coming forward, so it is necessary for them, too, to take part in this Revolution. Everybody must make contacts on all sides of the world and unite together.

"JAI MAHAMAYA KI JAI"

27 March 1983

During Evening Darshan

"At this moment in Haidakhan the majority of you are Germans and it is your special duty to look after the activities, the management and discipline of the ashram. It is your duty to inform those who come of what the ashram program is and to enforce discipline. It is the duty of Har Govind Baba to give daily satsang of at least one or two hours to his brothers and sisters in the pyramid or in the garden. This is a must. The time is best in the morning, before work. If you teach them in the early morning, their minds are fresh and the prevailing atmosphere is clear.

"Many times before I have told you that you must be every alert and observe the rules of the ashram. The life of the ashram must be guided by alertness and attention. I do not like careless people. It is your duty to bring alertness, promptness and attentiveness into your lives.

"I want to root out the seed of laziness in the world. Everyone should be hard working. Those of you who are old must come to kirtan. Everyone must take part in the ashram activities according to their capacities. Firstly I give you karma yoga. You can advance only through karma yoga; by karma yoga you may benefit others also. A lazy person cannot do karma and is like a dead person. Give great importance to karma yoga and proceed. When laziness is rooted out from this world, all the world's sorrows and troubles will come to an end. Only hard work can make person powerful and energetic. Kana is of first and foremost importance in your life. Many times I have told you that only through karma yoga will I give you liberation. In this age it is the only type of yoga one can do, it is the only way to realization and progress.

"You must awake others and make them arise and be alert. If you are always alert, this will be of great benefit to you. You will achieve happiness and you will be saved from the calamities, which are coming very soon.

"JAI MAHA MAYA KI"

7 April 1983

"The Guru Granth Sahib, the sacred scripture of the Sikh religion, will be recited continuously for three days, beginning tomorrow. This recitation will take place for the sake of world peace and everyone present here will be fortunate to participate in this event. This scripture contains the divine words of Guru Nanak (15th century) who founded the Sikh religion in the Punjab. During these three days, everyone going to the reading should cover his or her head as a mark of respect for the customs of this religion. Go and listen to the recitation with great love and faith. Devotees from Bombay for the promotion of world peace have arranged it. The recitation will begin tomorrow at 9.00 A. M. The permanent residents of Haidakhan will look after the program and the guests, and should do so with respect. This is the second year at Herakhan for this great event and all should consider themselves fortunate to be here.

"In the world today fire is bursting out on one side, while nectar flows on the other. You must decide if you choose fire or nectar. While flames of the fire are spreading, it is up to us to save others and ourselves. We must be alert. At this moment, people are jumping into the fire because of their ignorance. We must save these people, and we can do so only if we have great courage. We should give this courage to others as nothing can be done without it. Courage is the most important thing. Shri Mahaprabhuji has told you many times to wake up. Wake up yourselves and ' others. Control your mind and have firm determination. Whoever comes here must vow to save him and the world. Wherever you go, be prepared to save people. Be firm like a rock, deep and serious like the sea. Think of the earth as a mother. This is one earth. Don't be divided by thinking of yourselves as belonging to different countries. We belong to one earth.

Proceed with this in mind. Look to the future with a vision of good deeds for the whole world, not just one county., Have great courage and patience and be not afraid of water, fire or great storms – face them bravely.

"Shri Mahaprabhuji reveals the truth of a mystery to you - the Revolution will occur simultaneously everywhere in the world. Countries, which believe that they can save themselves through the newly invented weapons, can forget this thought, for they will not be able to do so. Everyone knows of the present day events taking place in Iran. No one had ever heard of the name of Khomeini before and suddenly he captured everything he wanted.

"Shri Mahaprabhuji is preparing for the Great Revolution. When and where it will start is not to be disclosed now. When the time comes you all will know. In the Treta Yuga (second out of four yugas, or ages of mankind), the revolution (Kranti) started from Lanka and until it happened, no one, not even Rama, knew that it would start from there. In the Dvapara Yuga (the third out of four yugas, or ages), at the time of Lord Krishna, no one knew where the revolution would start. When it began at Kurukshetra, people from all over the world collected there for the beginning of a world war. Mahaprabhuji will show his lila to the world in the same way. As you know, the flames of revolution are presently spreading in the world. There is no power, which can stop the fire and reduce the heat. Super powers like Russia and America will not be able to face the fire even with their new weapons. Nothing that they have invented will be of any use. Everything can be destroyed. All must be prepared for this revolution - especially those who are here. Whether old or young, private or public, those working or not - all must take part. It is devotion, love and yoga for you to save the world and join in the revolution. For those who are true devotees of Babaji, the flames of fire will become cool. Face the fire and it will turn to ice. This requires control of mind and a firm determination. Everyone must consider himself a soldier and be active. Everyone will have to face the fire."

8 April 1983

"All must be aware that the recitation of the Guru Granth Sahib (the central religious text of Sikhism) is taking place. Shri Sardadi of Bombay has organized this recitation for the benefit of the whole world. This reading describes the path of righteousness and it will inspire you with great courage. Its message is one of determination and duty.

"To lead a true life, one must have firm determination and be aware that there is one Soul present in all people. The Guru Granth Sahib for centuries has inspired the Sikh community with courage and determination; it is even in the blood of their small children. There are many instances in Sikh history of heroism and martyrdom; the two small boys of Guru Govind Singh were buried alive. They had the high spirit and determination to follow the path of righteousness. They had the high spirit and

determination to follow the path of righteousness. They preferred to give up their lives rather than abandon their religion.

"Sikhs throughout history have suffered atrocities for the sake of their religion; they have shed their blood in great numbers - they have preferred death to untruth. Such a time has come, now. Everyone must have the same faith in truth and righteousness."

10 April 1983

"Shri Mahaprabhuji wishes to thank all those of the Sikh community who organized and participated in reading the Guru Granth Sahib. The words of this scripture are the same as Shri Mahaprabhuji uses in His speeches as they are meant to inspire faith and determination. AU great saints and spiritual leaders who have appeared in the world have come to establish world peace and unity for humanity as a whole. Jealousy and hatred are the two causes by which humanity is ruined. In your lives these two vices should have no place.

"I want to weed out the prevailing non-violence in the world. It is a cause of apathy and idleness. This non-violence has cooled the blood of men so that it has become like cold water. This attitude of non-violence produces a lack of discrimination between good and evil. Everyone should lead a life of bravery and courage. A man without courage is like a dead man. Life without courage is no life.

"At present, many atrocities are being committed in the world. Human beings are treated like animals. No one has had the courage to stand up against these atrocities but everyone should be brave and resist them. Everyone must be of firm determination and stick to what he believes to be true. Be constant in your actions and dutiful.

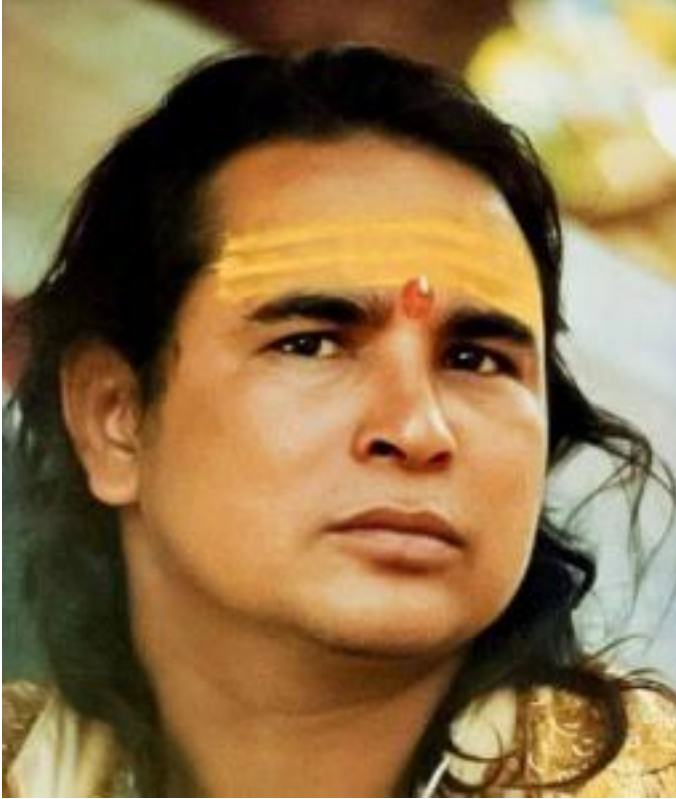
"Lethargy must have no place in your lives. Lethargy is the weakest trait in man. The day mankind becomes hard working. The world will lack nothing. Man must live and improve through work. Work is the highest form of worship. You can evolve in all ways by doing work."

10 April 1983

Shastriji Speaks

By the grace of Shri Mahaprabhuji, the reading of the Guru Granth Sahib has been completed today without difficulty. The Lord says: "The saint always resides in My heart and I am in the heart of the saint. The saint knows Me alone, thinks of Me alone and I know him alone who is truly devoted to me."

Guru Nanak, who appeared in Punjab, was such a saint. Whatever he did, he did for the sake of humanity. The actions of great saints like Guru Nanak are aimed exclusively at the welfare of mankind as a whole to lead men to the true goal of life.



The words of the saints contain a vibration and energy that have the power to remove vice and evil from the world. The value of their words is that they inspire. This is why the scriptures say that their words have to be read again and again and to be meditated upon and be put into practice. The reading of the Guru Granth Sahib, by the grace of Shri Mahaprabhuji, was like a flow of nectar.

Shri Mahaprabhuji is very pleased. He gives you blessings for the future and blesses your families so that all who took part in this sacred function may prosper. Those who conceived of the idea and helped to realize it will be blessed wherever they go. The doors of Vishwa Mahadham are always open to great devotees of God whose hearts are full of love, to bring the vibration of their devotion here.

"Shishya" in Hindi means "disciple" - a Sanskrit word - so that the "Sikhs," so to speak, are all disciples of God. The few Sikhs assembled here are part of a large community and wherever they go they take with them the blessings and inspiration to spread the message in their community.

"Oh God, let you alone remain, let me be totally annihilated. You alone are; I have no existence. As long as I am alive let me give this life to you and let 'I' be destroyed."

10 April 1983

Evening

Shastriji speaks on the occasion of the reading of the Guru Granth Sahib

When the Supreme manifests and comes on to the stage of life, the ships of all world religions come to sail the seas. Books written some thousand years ago make it clear that God comes for the benefit of devotees of different religious paths and by doing so He unites the different paths making them one. What good fortune we have to witness the divine lila with our own eyes!

Shri Babaji made temples for the worshipers of different Gods - for Lord Vishnu, Lord Brahma, Surya Narayana (the Sun God), Guru Gorakhnath, Lord Kartikeya (he who has six heads, eldest son of Lord Shiva), Dattatreya Bhagwan (Lord Brahma, Vishnu and Shiva together), the Mother Goddess with Ganesh and Bhairava, Lord Hanuman, Sita and Rama, etc. All Gods have been accorded respect by being installed here : they have the absolute right of being worshiped. At the same time, they are symbols of all religions.

Shri Babaji has organized the recitation of the Guru Granth Sahib at this sacred place. He thereby sets an example for us to follow. When such studies are undertaken in sacred places it charges them with divine energy and, like the flow of the waters of the river Ganga, benefits the whole world. Whenever recitations of such sacred scriptures take place, the vibrations go throughout the three worlds: bhu (earth); bhuvah (atmosphere); svaha (sky). But the recitation of the Guru Granth Sahib last year and this year, here at Vishwa Mahadham, will reach the highest heaven - sachkhand (the seventh heaven), which is the heaven of Absolute Truth.

Rishis and Maharishis have always recited and studied great scriptures in holy places, because they wanted the sound waves to reach through the seven heavens: Bhu loka (Prithvi Loka, Earth), Bhuvan loka, Swarga loka, Mahar loka, Jana loka, Tapa loka, and the highest, Satyaloka Brahmaloka. To direct sound through the seven heavens, it is necessary to have these studies taken up at such sacred sites.

Guru Nanak came very near Herakhan to do tapasya (to practice austerities). When he was on his way to Rita Sahib (a sacred site in the Himalayas), he passed through Herakhan and the tenth Guru (of the Sikh religion), Govind Singh, created a water source and lake with his arrow at Hemkund (Golden Lake) north-east of Herakhan. The

Lake is' still there and is a sacred site. Guru, Harkrishan created Harishkund. When he returned to Nanakbata, Guru Nanak passed again through Herakhan. It has been said that wherever he made footprints he left marks, enriching the sites with sacred vibrations.

Herakhan's beauty stems from the presence of Mt. Kailash, where Lord Shiva did penance, and from Mt. Siddheshwar, where Lord Vishnu did penance. Nearby is another spiritual center, Hemkund, where Guru Nanak did, penance. For this reason, this area is particularly sacred. Shri Babaji gives whatever saints like Guru Nanak has preached, in that He makes people execute His teachings. Shri Babaji shows us the practical side of the teachings of great saints like Guru Nanak, who did not preach a particular religion or cult. He gave teachings of spiritual perfection, valid for all mankind. To follow these teachings is to realize good for all humanity and the unity of all humanity and the unity of the individual soul with the universal Soul. It is for this reason that Shri Babaji is spreading His teaching, so that we may, understand unity. What great sacrifice Guru Nanak made for the sake of humanity! Now his disciples offer their lives for the sake of religion, unity and truth. Shri Babaji now spreads these teachings throughout the world; whatever Guru Nanak taught, Babaji will apply in action. It is only after many years that the practical form of these teachings evolves. When preached by the saints, the words are read, meditated on and only much later are they given practical application. The time has come for the teachings of Guru Nanak to be put into practice.

We calculate time with our limited minds; either after or before the birth of Christ. And in India we calculate time according to the reign of some of our great emperors of ancient times, like Vikram Sambat or Shak Sambat. In reality, however, time cannot be measured. Time is infinite, eternal. Mahakal, the Lord of Time, is, for Shri Babaji, like the twinkling of an eye all these millions and billions of years.



Today technological progress has created atomic weapons, which can destroy the world in seconds. But our great saints of the past, with their teachings and scriptures, have created an antidote these destructive weapons. Only after the Lord had created nectar did he create poison. Therefore, all of you have to be very alert.

The mere sound of these scriptures purifies, even without an understanding of their meaning. So listen attentively and be benefited by them. They are not ordinary words and sentences written by anybody. Their sounds and words are like mantras, full of spiritual power. It is said that intellectuals write in order to explain, but such explanation comes afterwards; first come the words of highly realized souls, then an explanation may be given. What a saint says or writes is not to be measured with the intellect. The words of the saint, not the explanation given afterwards, provide the measure for right and wrong.

Shri Babaji has come to save righteousness and to remove unrighteousness. He is the greatest and highest power but he has come with a human body to do that which no other power but He could undertake. Staying at Herakhan, Shri Babaji manifests Himself throughout the whole world.

People from around the world come every year to have His Darshan. Even without coming here, many experience Shri Babaji in their own countries. But when they come here, Babaji gives them Darshan, actual experience. When they come here, they realize He is the same. This is Babaji's greatness - without leaving this country, He manifests His powers throughout the world. Over twenty countries were represented here to celebrate a spectacular Christmas last year, touching the hearts of all.

There are many places in India where ashrams of Shri Babaji have been established. India in this way is very fortunate, to be the place of divine incarnations like Rama and Krishna, where many saints have appeared like Guru Nanak, of highest spiritual development. Shri Babaji, moreover, is blessing people in India individually by going from house to house.

Then followed an invitation for breakfast for the next day, the end of the reading of the Guru Granth Sahib and the injunction to render service during the Bhandara (Bhandara is an agricultural center for the farmers around its region majorly growing rice), to show good comportment as resident volunteers of Shri Babaji.

Babaji concluded:

"All of you are soldiers of Herakhan. Do your duty with faith and devotion. You must remove hatred and jealousy from your hearts to be of real service. All of you must climb the mountain of victory."

11 April 1983

"Shri Mahaprabhuji will not spread the word of this revolution by radios, newspapers, television or even the written word. He will do it simultaneously everywhere through His inner power. Before, many 'lions' took birth for the sake of revolution - Subhash Chandra Bose, Mussolini, Hitler Stalin (Shri Babaji sometimes cites active leaders, including Hitler, Mussolini. Lenin, as examples of men of single-mindedness and intensity of purpose, even though motivated by negative aims. He notes that 'their karma yoga shook the world.' In this context, Tulsidas said:

'As a man driven by passion can think only of possessing women. As a man of avarice is compelled to act for gain of wealth, in like manner the devotee of God should be focused on dedication and service to God.'

"In Christian religious tradition, Saul is such an example. Through his spiritual conversion, he became Paul on the road to Dwnascus. With the same intensity its he previously had persecuted Christians, he then sought to convert others to Christianity (the same energy was harnessed to a spiritualism) and, in the U.S.A. Abraham Lincoln. There were certain shortcomings before - before the people did not have a slogan of Power. Now I have given the slogan 'JAI MAHAMAYA KI JAI' - 'Victory to the Supreme Mother, to the Divine Energy!'

"There will be people now with shaven heads and Sikhs with turbans and beards on the world flag. Yogis and yoginis will be there. They will all come on to the world map. The fact is that the problem is universal I have repeated this many times. It was Shirdi

Maulana (Sai Baba of Shirdi in his incarnation as a Muslim emperor 800 years ago) who said that yogis and yoginis will take part in this revolution. The great energies, both known and unknown, which may be activated at any moment will be utilized in this revolution.

"The fact is, I have spoken before. I will have to speak again. The fact is, I have to awaken the world from its sleep. The fact is that I, too, will have to come forward for this revolution. The fact is, to do duty, to be dutiful, is what I call Mahayoga. The fact is that at this moment our duty is to help the helpless. The fact is, the future kingdom will have no party - it will be a movement and this movement will be worldwide.

"The fact is, the person before you with the bulging eyes like the back of a seashell is the one who will come before you time and again. The fact is that he is the head of this movement. The fact is he will go to Assam, Punjab, Iran, Iraq - wherever there is revolution, and there he will go. It is difficult to find a more serious man. The fact is, that I have said it is a fact.

"Baba Hargovind will remain here He will be in charge of things whenever I go out. He will be working here because I found Him to be a true yogi; he has the responsibility for yoga. Lok Nath will have to look after State affairs - he has such beautiful eyes. The fact is that our movement will have its seat at the center of the world. The fact is that today I conclude my speech here.

"JAI MAHAMAYA KI JAI"

The fact is (in Hindi, the repetition of 'the fact is' - 'kai hai ki' came from the lips of Shri Mahaprabhuji like a mantra. It has been left in the translation, even though the vibrational effect in English is less than in Hindi) you have to be alert twenty four hours a day. The fact is, I have told you at this before, what you should do, what you should not do. When Mahaprabhuji participates in this work, all means will come to Him; all weapons and armaments will automatically be available. Mahaprabhuji does not have to build factories for that, all means will be available at the right time. The fact is, wise people will come to Mahaprabhuji by themselves and those who are not wise will have to be brought here.

"JAI MAHAMAYA KI JAI"

12 April 1983

"All of you must bring alertness into your lives. The revolutionary spirit, which I want to inspire in the hearts of all of you, is for the peace of the world. This revolution takes place for the sake of world peace. This is my sole aim and main task. In the Mahabharata, at the time of Lord Krishna, the same path was followed, as it was at the

time of Lord Rama. When unrighteousness prevails in the world this is the only path possible.

"All of you must become soldiers. As you see the soldiers (of the Sikh religion) standing here before you, so you too will become soldiers of Herakhan. You may think that so few people can do nothing but there are millions of people in the world waiting on an impulse from Babaji - they are prepared to offer up their lives. Going beyond fear of death, proceeding with courage, people will give their lives for this revolution. Even the Lord of Death (Yam Raj) is prepared to take part in this revolution. This being so, how can there be doubt about anyone else?

"You must make every effort to become alert. Wherever you live, there you must be alert. Babaji will give His Blessings from here but you must be very alert everywhere.

"JAI MAHAMAYA KI JAI"

15 April 1983

"You should sing devotional music in a way that stirs the soul - it should evoke deep feelings. It should not be a race of rhythm or competition of voices. You should sing with love. Do not sing like you are taking part in a theatrical performance. Only those who know the song should sing. When you make music, it should touch the heart so that it leaves a memory on the mind. Whatever you do should have strength in it."

20 April 1983

At the annual meeting of Haidakhandi Samaj, Shri Shastriji read a speech which Babaji had dictated to him earlier in the day.

"Duties of the Haidakhandi Samaj"

"It gives me great pleasure to be addressing the half yearly meeting of the HAIDAKHANDI SAMAJ. The main purpose of the Samaj is service to humanity. Service to humanity is the best service to God. Our motto is 'work is worship.' It is our duty, as those working within the Samaj, to show the path to those who are in need of help, inspiring them to overcome lethargy which is the cause for inaction in the world, inspiring them to work. Therefore, I first want to root out lethargy in you. In this Yuga, the only way to obtain siddhis, to become really strong, is Karma - action.

"Goswami Tulsidas said in his 'Ram charita Manas': 'The Lord Himself created the law of karma - as you sow, so you shall reap.' Keeping this basic principle in mind, our main duty should be to spread the message of Karma Yoga in the world, we ourselves giving an example to all, by practicing it.

"Whenever true progress was made in the world, it was due to the hardworking individuals of a particular Age. Today it is our task to go everywhere, from house to house, spreading righteousness, guiding everyone on the path of karma, giving them practical instructions, being ourselves examples. By karma alone can we become prosperous. We have to Work to our last breath."

Shastriji's comments to the General Meeting

The HAIDAKHANDI SAMAJ is, in fact, an ancient association but the continuity of its work was broken with time. With His reappearance, Shri Mahaprabhuji has graced us with re-establishing the Samaj. Not long ago Herakhan was an inaccessible place but with transport and other facilities now being provided, it has become easy for everyone to come here. Now there is even provision here to feed the hungry, provide water to the thirsty, to clothe the poor.

We all are eyewitnesses to the fact that Shri Mahaprabhuji Himself is the greatest Karma Yogi. He is continuously present among us, in an effort to teach us karma yoga, directing all the work tirelessly from morning to night without any need or desire for Himself. The astonishing fact of Shri Mahaprabhuji's way of working is that we see people from all parts of the world coming here. We also know that his message is rapidly spreading everywhere thousands are coming for His darshan. Other holy men go abroad to spread their teachings - still their work stagnates. Shri Mahaprabhuji has never left this divine center to go to foreign countries, yet the glory of the name of Haidakhandi is spreading to the four corners of the world.

The aim of this meeting is to make us realize fully that, like children of the same father, we must help one another, overcoming jealousy and hatred, and spreading goodwill among men.

The real miracle of Shri Babaji is that he has transformed this place through His spiritual power alone; there was nothing, now there is a garden in which the river of plenty is flowing. Without external help, solely through the power of His perfect Being, many temples and ashrams have been built in several Indian states, as well as abroad. Within the thirteen years since His appearance, people from all walks of life have come here and received blessing in plenty.

Although the constitution of this association, the Haidakhandi Samaj, and its legal registration took place only three years ago, Babaji's impact on every sphere of life, His message of Truth, Simplicity and Love makes it evident that it will not be long before Shri Mahaprabhuji will remove pain and poverty in the world and awaken the consciousness of universal brotherhood, spreading true peace and joy. Shri Mahaprabhuji will transform the world. Having pledged Himself to serve humanity, Shri

Mahaprabhuji is immersed in activity. He will unite mankind through the force of His spiritual power and show it a new direction for progress.

To spread education, true knowledge is essential - from which will grow universal love and brotherhood. This is how a new generation of brave and enthusiastic people will grow up, once the helpless have been given support. In Herakhan, provision has been made for medical service and poor scholars are receiving free education from the ashram funds. Likewise, you should look to the areas of your countries where people are poverty stricken and helpless and then do all you can to raise their standard of living, teaching them cleanliness and high morals. To serve the needy truly and from the heart is true service to God. Shri Babaji has now totally committed Himself to liberate the world.

Dear devotees of Babaji - you who are obeying His orders to the letter, by determined to proceed on this divine path. Awake! Arise! Go and learn from the wise! Become brave karma - yogis of the Lord! So as not to be caught in the whirlpool of the world, where there is little hope of escape, become part of this nucleus of a universal family, the HAIDAKHANDI SAMAJ, give support to its message and activities!

JAI MAHAMAYA KI JAI

24 May 1983

"Our main aim is that there be universal peace. How can we obtain this peace? We can achieve this by eliminating all differences between caste and creed, by eliminating all inhumanity among us. There must be only one caste and one creed - humanity. Become human.

"The only religion is humanity. There must be tolerance and forgiveness. It is our duty to set an example for this. Everyone must be human. Everyone must be courageous, facing the difficulties of life with bravery. Save yourselves and others from the adharma (lawlessness) of the world. Cowardly people are like dead people. I want to create a world of brave people who face life as it comes. We want to save the victims of atrocities and bring them out of their troubles. We want to bring peace not only to one country but to the whole world - our aim is universal peace.

"All of you must take a vow to go from house to house, from place to place, and help the needy. You have to root out the inaction, which is destroying man. Inaction and idleness are the chief obstacles to man's progress. If you learn right action, you can do anything. Action is mahayoga - the highest yoga. You should progress through action. The political leaders of all countries preach inaction through strikes. You should have nothing to do with this. Man is meant for action.

"JAI MAHAMAYA KI JAI"



30 June 1983

"I want to tell you that there is no reason for anxiety or dejection. You were born to do karma (work, action), so continue to do karma. Karma is the highest thing in this world. Only through karma can man advance, Lazy, idle people are always in trouble. Karma is supreme.

"All of you have worked very hard here. I want to thank you for it. The gardens you have made here with such perseverance are unique. In future times this will be remembered as a historical fact. It is nothing to accomplish such work in places like Delhi or Calcutta, but to create such gardens above the river by conquering nature is a great thing. So you must all continue to make progress.

"To others, too, you should give teachings of karma. In this age, you can attain liberation only through karma. In other ages, people have practiced many different forms of yoga and sadhana [religious practices], but in this age no other sadhana than karma yoga will give you liberation. Go on working while repeating God's name. You cannot comprehend the high value of karma while repeating God's name.

"Man's mind is very fast, faster than the wind. By doing work while repeating God's name, your mind becomes cleansed of thoughts and useless, negative thoughts cannot

enter it. To uplift man, for the progress of the whole of humanity, karma is a great sadhana. All of you, therefore, continue to make progress through karma.

"JAI MAHAMAYA KI JAI"

5 July 1983

"Now you brave ones, be ready for work! Be brave. I like brave people. I dislike cowards. Now people with courage are needed. It is better to die, facing life with courage. To live as a coward is shameful - it is better that the coward drown himself in the river. There is no place for cowards.

"Awake! Arise! Be brave! Work and die for the sake of Rama (God). Go, all of you, to work down in the Company Garden. All of you are brave people."

11 July 1983

"You westerners are all hardworking and sincere. I want to thank you for the way you have been working selflessly, setting an example of an ideal to follow for the whole world. *Karma yoga is the highest form of yoga (mahayoga) and any advancement is done through karma alone.* Proceed by doing karma. You have worked in a way that has brought together heaven and earth.

"Scientific progress, too, has been achieved through karma alone, through hard work. Those who have invented the atom and hydrogen bombs also have worked selflessly, not caring about food, sleep, cold or heat. Only in this way could they achieve their aims. They, too, were doing yoga.

"By karma yoga great things can be achieved. You can bring heaven down to earth. You can change the whole of creation.

"You may think that, by just sitting here, how can I change the world? (i.e. how I bring about a change of heart in men?) But I tell you that half of my work I have done by sitting here.

"Go on progressing through karma.

"JAI MAHAMAYA KI JAI"

Babaji continued by commenting on the way devotees say, the "Jaikaras" (to make an ovation or utterance, to call out, or shout while rejoicing in triumph, to proclaim victory, to vocally raise and rally spirits)

"When you say 'JAI', say it so the earth trembles and the heavens fall down! Don't say it like dead people, reluctantly and without life. You have time to be without life when you are dead. Say the 'Jaikara' with love and enthusiasm so that people realize someone is alive around here. While you are alive, be lively, enthusiastic, and courageous."

17 July 1983

"Today is the auspicious day of HARELA and I want to say to all of you 'Happy Harela'. This applies also to everyone in this country and to people from all other countries, to those present and to those not actually present here. I extend my blessings on this sacred occasion to every devotee of the Lord, wherever he may be. Those physically distant from here should not think they are far away - they are equally close to Me. Though they may be thousands of miles away, they can still reach Me by practicing devotion.

"What everyone should do is spread my message of Karma Yoga throughout the world. I want karma yoga. Karma Yoga has stagnated. I want it to come to the forefront.

"JAI MAHAMAYA KI JAI"

19 July 1983

During Evening Darshan

Shri Babaji commented about the fact that Munirajji has been invited to take part in a spiritual conference in Austria in September, at which the Dalai Lama will be present.

Shri Babaji said:

"Muniraji may attend. The Dalai Lama is not greater than Muniraji, Muniraji is the incarnation of Guru Dattatreya (Dattatreya - God's gift to Atri: A divine incarnation of Brahma. Vishnu and Shiva in one body, in ancient times. Dattatreya was a great guru and is the author of many sacred scriptures. His teachings are incorporated in the Shrimad Bhagavatam).

"He is a Yogi and spiritually very high. Spread this news everywhere among the people.

"Soon a world meeting is going to take place here. The date has not been fixed yet, but it will come soon.

"JAI. MAHAMAYA KI JAI"

28 July 1983

At morning darshan. When asked for this month's 'Sandesh' (message), Shri Babaji responded:

"Beginning with today, the 'Parthiv Puja' will be performed. This month (the lunar month, of Savan, beginning with Gurupurnima) is a beautiful month, darmic and full of charm. It is the month of abundance of green. Mahaprabhuji blesses you on this day. Let it be a happy day!

"All of you should be happy and peaceful. Mahaprabhuji blesses you with happiness and peace."

"The main order of Mahaprabhuji is that you must be punctual in all your duties, always. Those who disobey this order cannot stay. If you cannot be punctual, you have no right to be here. Anyone making this grave mistake cannot stay.

"You have come here for spiritual growth. Try to make spiritual progress. Spend your time here doing bhajans, meditation, kirtan, and service.

"The peaceful vibration of Haidakhan must be preserved. Do not disturb the peaceful vibrations of the ashram by wrong actions. Mahaprabhuji is very strict about this. Those who disturb the peace of the ashram must leave.

"Those who come to Haidakhan must cooperate in maintaining the harmony of the ashram. They must participate in the aarati and in all the activities.

"One form of cooperation you can offer is to help with your financial contributions. There is much work to be done, many plans to be fulfilled. This work Mahaprabhuji does is not for personal gain. It is a universal service. All of you must cooperate and help the ashram in every way you can.

"JAI MAHAMAYA KI JAI"

30 July 1983

"Today you are sitting under the vault of the starry sky. The atmosphere is pleasant and peaceful. You are at the beautiful foothills of the Himalayas, green with the foliage of trees and creepers. The boughs of trees, covered with many colored blossoms, are swaying in the breeze. During this time the waters of Gautama Ganga are fast flowing and strong. We are now in the month of Savan. The significance of this month is mentioned in the sacred scriptures : the air is soft, cool and fragrant.

"In this month people should fast and do penance. You should eat only once a day. Spend the maximum amount of time in meditation. *The best meditation is to do your duty. To obey orders is real yoga.*

"When there is an auspicious constellation of the stars in a man's life, then only can he come to a sacred place and meet saintly people. Only in the company of such people can he experience spiritual vibrations and practice the recitation of God's names.

"When a man's bad karmas are coming to an end, then he is naturally drawn to a sacred place and the company of good people. On the contrary, when the sins of a man reach a climax, then he is drawn to places of low vibrations and to bad company. His karma does not allow him to remain in a sacred place. This is why every man must walk the path of truth.

"Now Daia Shah, the Persian Emperor Darius, is climbing up the stairs, coughing. (Vishnu Datt Shastri came up the steps from Swamiji's room just then). He comes and sits down in a corner and listens attentively. He, too, is blessed, sitting under the starry vault of the sky. He is sitting in such a dark spot that he cannot even see where his own hands are. What may he be thinking? He has reformed Indian culture. Emperor Darius is a great creator and can change what is created at any time. From time to time, a great guide of men who shows the path of truth to others comes into the world. Tulsidas, for example, was such a man and there have been many men who followed in his footsteps. Shastriji is such a man. He is a true son of Saraswati, the Goddess of wisdom; It was She who sent him.

"And in another corner Pir-Ali (Har Govind) is sitting at the feet of Lord Hanuman with his harmonium. Over him, too, spreads the starry vault of the sky. The waves of the Gautama Ganga are roaring; her waves are flowing to a poetic rhythm. Thousands of people owe their lives to her sacred waters. Bathing in them redeems all from all ailments. This is what Pir-Ali is saying. I don't know what he is brooding on. He is very busy these days with construction work in the ashram. Now there is even sweet and cool spring water from the mountains down to the dhuni. The minds of those who drink it will be cooled. Even the coolness of water coolers does not compare to it. The existence of this water pipe is due to the efficiency of the fakirs/yogis. The day will come when the area around the dhuni will become 'Fakirabad - Yogi City.' In the future, this place will see great progress. You are eyewitnesses to the fact that people from all over the world come here without being called. All those who want liberation will certainly come here. This is Emperor Darius' opinion and Pir-Ali is thinking the same.

"JAI MAHAMAYA KI JAI"

2 August 1983

"The door and windows of the dhuni building, which houses the new holy seat (asana), have been left open. This means that the sanctuary is open to all, whoever they are, from whichever place they come. It is of vital importance to everyone who comes here and wants to be benefited spiritually to have the darshan of the dhuni. This dhuni is not new, although it has recently been newly housed. It is a most ancient dhuni. Mahaprabhuji did not only make this dhuni with his own hands, he himself supervised and directed every detail of the work.

"Shri Mahaprabhuji closed His speech by saying: 'Without dhuni, no meditation - without Guru, no knowledge.'

"JAI MAHAMAYA KI JAI"

2 August 1983

Shastriji Speaks

Every particle of this place, Haidakhan Vishwa Mahadham, has the power to enlighten us. In many religions, the fire is sacred and is the witness of spiritual practice. It is considered divine. In ancient India, the rishis guarded their sacred fire most carefully and kept it clean, as it was believed to be the residence of divinity. Sitting by the dhuni purifies one's vibrations. This you can find out for yourself. Whenever you have any kind of trouble, go to the dhuni and let it give you solace and uplift your spirit.

The fire pit was first outside, on the terrace; then it was shifted and given a structure around it. This structure was a mud hut, covered with straw. Now it is an enlarged, cemented, brick building. It is a unique dhuni, in that it has eight sides for the four directions and four subdivisions of space. Each of these sides has a divine guard (digpal, bhairava) standing permanently by it with trishul raised. Whatever spiritual practice you do there will bear much fruit. Both the tree growing nearby and the, mountain stream flowing by its side seem to have been waiting to protect the place and to give it water.

The day will come when this dhuni will be world famous, for great miracles will be performed here. People from all over the world will come and prostrate to it. As the Shiva temples are open to all who worship God, so also will this dhuni be open. The Gautama Ganga, flowing by its side, is an example to all devotees as she flows, continuously murmuring the mantra **OM NAMAHA SHIVAYA** through her waves, so your devotion should flow in one single stream, with the mantra OM NAMAHA SHIVAYA coming forth from it.

BHOLE BABA KI JAI! -- JAI MAHAMAYA KI JAI

3 August 1983

"For the sake of Lord Rama, all of you are sitting here under the sacred pepal tree. This is a most sacred and auspicious tree. Divine beings are living under it and you are all blessed to be sitting under this great, sacred tree. Many years of penance has been done under it (by Shri Mahaprabhuji) since ancient times. On this earth, you should consider yourself to be most fortunate. Even the Gods of heaven long to be in the shade of this tree. In this world and in all the three worlds it is the most sacred tree that exists. According to the world's Sanatana Dharma, the last rites of a man are always performed under a pepal tree. It is considered a living, conscious being. You should daily do bhajans, and kirtans here. It has great significance to be singing the praises of the Lord under this tree.

"I want to thank you all who are doing efficient work here. I thank you all the more because you are giving new life to Karma Yoga. The credit for giving new life to this form of Yoga goes to you. It was about to die out in this world. In the Kali Yuga, the tamas - guna (quality of ignorance and inertia) is three-fourths prevalent, with one-fourth of rajas and almost no sattva (goodness and steadiness of mind). The machine is eating up human labor.

"The machine is even beginning to eat up human beings. Great professionals, as for example doctors, have been rendered inactive by the machines. And the time will come when doctors will even forget their knowledge altogether and all work will be taken over by machines. Therefore, you should all be practicing karma yoga to attain your life's goal. Karma yoga is maha yoga. It can make a man and it can destroy him. The principle of karma is very great.

"Pirshah's (Hargovind Baba's) Asana (at the dhuni in the Company garden) is about to be completed very soon. There will be kirtan and bhajan performances there. The dhuni will become a great sacred place of the world, where one can attain liberation. The sacred Ganga is flowing nearby and a beautiful spring comes from the mountains right by its side. Those present here should go daily to have darshan of the dhuni and do pranam to it. You can go twice daily to attend the aarati there.

"All of you are very blessed to be living in the most sacred place in the world. You are giving dedicated service to this place with your body, mind and soul. You should know that you have security here - even at the time of pralaya (dissolution) this place will be safe. This is the boon given to it by Mahaprabhuji - it cannot be destroyed in pralaya.

"A new world is being created here. The new creation is beginning here. What you see here are already the beginnings of the new world. Here in Herakhan the old world has been destroyed. I am teaching you this: THE NEW WORLD BEGINS FROM HERE! I want you to be happy and in peace.

"JAI MAHAMAYA KI JAI"

6 August 1983

"I think the great revolution is very near. Be prepared for it, leaving behind the fear of death and the hope of life. I think it is necessary now that there is a great revolution because without such a revolution there can be no peace. In all epochs it has been like that; only after bloodshed peace was obtained. At the battle of Kurukshetra, for example, there was great bloodshed.

"Like ants out of their holes, people will be seen running out of their houses.

"You might be wondering in your minds: 'How can Babaji make revolution when he has nothing?' When the time comes, everything will be ready. Hitler was not born with an organized army or weapons ready. Krishna and the Pandavas had nothing in the forest. When Rama fought, he was in exile and had nothing either; but at the right time everything was prepared.

"Be ready, every one of you! Wherever you are, spread this message and tell people to be alert and ready for the great revolution coming now.

"The messenger of revolution has come!"

10 August 1983

"The dhuni down below has living consciousness. In the name of Lord Rama (Rama Ji Ki Nain), the Divine Light is always present in the dhuni. For the sake of Lord Rama (Ram Ji Ki Tein) (Babaji began almost all statements with either of two phrases which he used like mantras.) everyone should attend Aarati there and do meditation. In the name of Lord Rama, during the night of 16th August there will be all night vigil and kirtan and 108 candles will be lit for the opening ceremony. In the name of Lord Rama, on the morning of 17th there will be a havan ceremony. In the name of Lord Rama, everyone should always be sincere and attentive to do bhajan and satsang for the attainment of spiritual knowledge and do other spiritual practices at the dhuni.

"The dhuni is one of the wonders of the world!

"You may see many types of dhunis in the world, such as parsi dhunis, but nowhere else will you find an eight - sided dhuni. The eight sides symbolize the eight arms of Jagadamba, the Universal Mother. As long as there is creation, the dhuni will be there with living consciousness. A boon has been given to this dhuni that whosoever comes to have its darshan, whosoever meditates and does puja there, will be relieved of all

ailments, whether physical, mental or spiritual. For the sake of Lord Rama anyone suffering from whatever disease, if he takes vibhuti (sacred ashes) from the dhuni and sits regularly for meditation and concentration, will be relieved from all his chronic diseases.

"In the name of Lord Rama, Rishi Gautama came first to this place where the dhuni is now. This is why the river bears his name. Vasishta (the guru of Lord Rama - one of the seven rishis from the beginning of creation - and writer of many sacred scriptures) also came here. The Kailash you see before you is the main Kailash. Lord Rama also came here. Now, after thousands of years of creation, this place is in its most degenerated state. There was a time when there were no hills, no earth here. But, in the name of Lord Rama, now there are both earth and hills. In the name of Lord Rama, even the sea was here. When Lord Rama came with the Rishi Vishwamitra to visit Rishi Gautama's ashram, He drank from the spring by the dhuni now called 'Ram Dhara'. For the sake of Lord Rama, Goddess Durga with eight arms also came here to bless Rama. This is the place of eight armed Durga - this is why the dhuni has eight sides.

"In the name of Lord Rama, here is Sakshat Hari - Lord Vishnu in the name and form (here Babaji pointed to Shastriji). In the name of Lord Rama, he has written the epic of the Mahabharata three times. In the name of Lord Rama, it was he who was both Vasishta (Rama's Guru) and Vyas (writer of all the puranas at the time of Lord Krishna); he has also recomposed Valmiki's Ramayana three times. In the name of Lord Rama, he has been writer of many epics at many different times (epochs).

"For the sake of Lord Rama, even Hanuman did not know his own greatness. In the name of Lord Rama, this is maya, the world illusion, the cause of creation. In the name of Lord Rama, it was he (Shastriji) who was Vasishta. In the name of Lord Rama, we are now in the twenty-eighth Manvantara (one Manvantara has four yugas) of this kalpa (there are many thousands of manvantaras in one kalpa). As many as there were Manus (one of each Manvantara), there were Vyasas (writers of great epics and poetry).

"You must not think that the creation was always like what you see now. There have been many total transformations. What once was here has been transported to a far away place. In the name of Lord Rama, seas have changed places and also mountains. In the name of Lord Rama, Shastriji has been a world teacher and poet at all times. He (Shastriji) attained self-realization through Kalkbhushundi (a sage in the shape of a crow, living permanently on a hill top of the Himalayas - a devotee of Lord Rama who forever resides in the Ramayana). He is the original poet saint of all times. For the sake of Lord Rama, Rama Krishna Shastri (the Shastri from Ludhiana) has also been with him at all times - it was he who was Vishwamitra.

"In the name of Lord Rama, even Hanuman did not know his own powers and greatness.

"JAI MAHAMAYA KI JAI"

16 August 1983

Morning, at the Moksha Dham Dhuni

"Today is a very auspicious day. Today is a very happy day, a day of rejoicing. You are all assembled at the foothills of the Himalayas where the sacred river Gautama Ganga flows. On its banks is this beautiful garden. You are standing here by this beautiful natural spot of overhanging rock covered with abundant green. The splendor of this place is indescribable, as is the splendour of the sanctuary on Mount Kailash. This rock looks so beautiful with the green of foliage and creepers - you can even see the tail end of Hanuman in it (at this point Babaji pointed out some russet colored moss on the rock to Har Govind Baba).

"Those of you here today are the most fortunate people in this world! Where you are standing is a most unique spot of spiritual sadhana. Even (the snake with a thousand heads and mouths, upholding the earth) is unable to speak of the greatness and sanctity of this place. Lord Brahma cannot describe its greatness and sanctity either; nor Lord Vishnu with the assemblage of all the Gods and Goddesses.

"In the name of Lord Rama, this place has been created solely for the benefit of humanity. It is an outstanding phenomenon, a miracle and a wonder of this world. The sun, moon and all the galaxies of stars are forever ready to serve it. I hope that in future this phenomenon of Divine creation will bear great fruit. In the name of Lord Rama, here a yearly celebration will be held on 16th August, commemorating it as a place of divine manifestation. Here is the birthplace of all yogis and the deity of yogis, as the source of their inspiration, and their goal, resides here. Mahadeva had once told Lord Rama this fact - that this site is the remover of all ills and the giver of all heavenly joys.

"In the name of Lord Rama, the sages/munis of this Age have shown great self sacrifice in order to build this place. In the name of Lord Rama, just as Pramodavan was the beautiful garden of Lord Rama in Ayodhya, so this is the beautiful garden of Lord Shiva. Its name is 'Nadan Van.' This divine manifestation, this garden, is not of an ordinary type. It has come into being through the sweat and blood of all devotees. That is why it is so beautifully.

"Today is a very happy day. It is a day of great peace and welfare for mankind. Today is an auspicious day. It is 'Mangalvar' ('Mangal,' auspicious - Tuesday).

"I have told you that I will bring heaven down to earth and today you all are eyewitnesses to this fact. In the name of Lord Rama, I have told Hargovind Baba many times that I shall make Switzerland and Sweden here. In the name of Lord Rama, now you can see the verdure all around. That the place is what you can see today is due to

those who have done penance here. In the name of Lord Rama, what is here today is the outcome of your hard labor and sadhana, of your winning the challenge nature posed to you - you have conquered Nature and have created this beautiful garden.

"In the name of Lord Rama, Mahaprabhuji has given a boon to this place that whosoever drinks the holy water of 'Ram Dhara' and whoever comes to have Darshan of the dhuni, takes vibhuti (sacred ash) and performs any spiritual practice here, will have the guarantee of being liberated. This has become a written code. This is what Mahaprabhuji tells you. That is why it is called 'Moksh Dham' - liberation sanctuary. It is a manifestation of Lord Rama and a center of pilgrimage. It is the entrance door to the Lord. Lakshmana (Rama's younger brother) has been here and so has Sheshnag. In the name of Lord Rama, now I teach this to you - all of you make progress obeying orders and following spiritual discipline.

"JAI MAHAMAYA KI JAI!

"This is the dhuni of the Mother Goddess. It is Her actual form. The octagonal shape reflects Her eight arms. Here auspicious chanting to the accompaniment of musical instruments takes place as though heavenly musicians (Gandharvas) had descended.

"Today is a very auspicious constellation of stars. Today is Bhaumashami - the eighth day of the Lunar month, coinciding with a Tuesday; the last time this occurred was a hundred years ago. During the time of the Pandavas, the princely heroes of the Mahabharata during the time of Lord Krishna, they were waiting for somvatiamavasya, the dark moon day coinciding with Monday. But it did not occur and the brothers were liberated only after much suffering, climbing to the Himalayas, where they died.

"Today is a great constellation of stars. In the 'Durga Sapt Sati' (seven hundred verses in praise of the Goddess Durga), it is written that on Bhaumashami all one's desires will be fulfilled.

"Now, let the auspicious instruments sound again. (Babaji was inviting the bagpiper and drummer who were present to play.)

"JAI MAHAMAYA KI JAI!"

17 August 1983

Babaji speaks, Shastriji repeats; morning Darshan, after the Yagna (fire ceremony) celebrating the completion of the Parthiv Puja

The Parthiv Puja, which has been celebrated here [for the past 21 days], has now been completed. It was due to your devotion and effort that this sacred ceremony could be accomplished. On this holy occasion, Mahaprabhuji blesses you with His whole being.

"In the name of Lord Rama, you are all sitting at the foothills of the Himalayas. By merely sitting here, you are reaping the results of hundreds of lifetimes of penance; by having the Darshan of the dhuni, by applying vibhuti, you are receiving blessings automatically.

"JAI MAHAMAYA KI JAI!"

17 August 1983

Evening

"From tomorrow morning, Anushtan Puja for the Haidakhandeshwari Devi (the repetition of 1008 times of the 'Haidakhandeshwari Sapt Sati,' 700 verses in praise of the Haidakhandeshwari Mataji, written by Vishnudatt Shastriji) will take place in the Dhuni. Everyone should participate morning and evening. Just as you go to the temples, everyone should go to the dhuni to meditate and do japa there.

"Still, the main importance must be given to Karma Yoga. Without Karma Yoga it is not possible to progress in life - not only to achieve material progress; Karma Yoga is essential for spiritual perfection, as well. I consider an inactive man a dead man. Only through Karma Yoga can you advance in your life; your heart becomes purified, your thinking will be good. Karma Yoga is also beneficial for your health; you will sleep well and have good appetite. A man with good appetite and sound sleep is always a healthy man and with good health he can achieve anything in life.

"I have told you before that there are many kinds of Yoga, but Karma Yoga is of supreme importance. Karma Yoga must come first, then others types of Yoga can be added. In the name of Lord Rama, advance and progress through Karma Yoga.

"Since the time of Lord Rama and Lord Krishna many scriptures have come into being. They all describe the significance of Karma Yoga and teach its greatness. Christ was a Karma Yogi and the prophet Mohamed followed the path of Karma Yoga. All the Great Ones who have come advanced through Karma Yoga. 'Phuro - be inspired!' All of you! In the name of Lord Rama, Karma Yoga teaches you to lead a true life. Only Karma Yoga is able to transform the world. Inaction is the cause of pain and all troubles.

"In the name of Lord Rama, Stalin, Mussolini, Hitler, all brought revolution by Karma. Whatever they achieved, they did through Karma - through one pointed action. The

world trembled by the impact of their action; they changed the world. In the name of Lord Rama, Karma Yoga gives immediate results.

"Has any great publicity been made in all these years in the media about what is happening here? Yet, by the power of Karma, the whole world, the whole of creation, comes rushing here, like being blown in by a great storm. In the name of Lord Rama, I have told you many times that karma Yoga is supreme and, through it, I will bring the Revolution to the world. I have also told you many times that Karma Yoga is the highest thing. And I have told you many times '*PHURO - be inspired!*' This Revolution will be so fierce that it will melt the hearts of men. This Revolution will annihilate the trees and leaves in the world, as the result of nuclear destruction. In the name of Lord Rama, I have taught you this lesson of Karma Yoga many times. Through every means we will try to progress through Karma. All will be done.

"Concentrate energy, conserve it. Don't waste anything, use it only when needed.

"Awake! Arise!

"Go to the wise and gain knowledge!

"Realize the Self!

"Be of firm determination - fully concentrated - achieve your goal!

"In the name of Lord Rama, everything is present in this world, but the luckless ones - those without Karma - get nothing.

"What I am telling you are all '*phuro mantras*' - mantras to be inspired by! In the name of Lord Rama, inspiring words are eternal; the physical body will go, it is perishable. For the sake of Lord Rama, there are people who are 'nine less than a hundred' and there are those who are 'nine more than a hundred' (an Indian proverb which means that there are all sorts of people in the world). The same goes for people's ages; there are people of all ages. For the sake of Lord Rama, today I will close here."



20 August 1983

Evening

"It is very necessary for us to be strong. If we are economically strong, we can even bring here the power that was the Union Jack's (the English flag that conquered India). We will be able to wave the flag of Herakhan Vishwa Mahadham throughout the world, as once the Union Jack flew. By their knowledge, yogis will be able to defy all weapons and bombs. "PHURO! Be inspired!

"We must go ahead and progress. Don't lag behind. In whatever condition or position you find yourself, always go forward. Go ahead! Go ahead! Advance with courage! Don't think that we will remain always in darkness and obscurity; like a frog from a deep well, come out and walk ahead!

"Nature and the elements are now in our favor. Whenever you will face a challenge, you will win it. Now the sounds of victory can already be heard. The kingdom that will come now will be a religious kingdom. There will be high morals.

"At every crossroads, bells will be hung, and if anyone is in trouble he may go and ring them and he will receive justice. I will root out all fear from the world. I will give the boon of fearlessness to all. I will stop the use of all weapons. The disarmament campaign will become greatly strengthened. World leaders are now only talking about

this but I will show you disarmament in practice. "PHURO! Be inspired!" In the name of the Lord - Advance!"

21 August 1983

"In the name of Lord Rama, PHURO! Be inspired! You all have to go forward. You can only progress through Karma - action. You all have to perform 'Sat-Karmas - good, merciful, charitable actions.' "Akarma" (inaction) is the worst thing in this world. If you want to live a true life, you have to be active and hardworking. You can become an emperor of this world by hard work. Victory is yours by hard work.

"All you monkeys and bears! Lord Rama conquered Lanka with the help of hardworking monkeys. You monkeys! Only wagging your tails won't be enough! You will have to do something practical, something useful. Babaji says you must work hard and put things into practice. Teach these things to others, too. First, be inspired yourselves; then inspire others with this message of Karma.

"*'Ishvarovacha'* - Lord Ishwara (i.e. God) tells you: '**PHURO! Be inspired!**'

"What you just heard were full, potent mantras.

"JAI MAHAMAYA KI JAI!"

22 August 1983

"PHURO! Be inspired! In the name of the Lord, this is a full mantra; '*Thus spake the Lord.*' And what is it He is saying? He says:

"*'The Word is eternal; the material body is perishable.'*

"For the sake of the Lord, I have been talking to you hourly. Be inspired!"

"The problem is one which affects the whole universe. Now the problem of the universe stands facing Me. It is not the problem of one caste or creed, but all living beings of this creation. It is the problem of the 8.4 million species of sentient beings. In the name of Lord Rama, it is not only the problem of all sentient, but also of all insentient beings. The task now before Me is to make the goat and the lion drink from the same water source.

"The concept of violence should be understood like this: those who are nonviolent should have no part in violence. For the sake of Lord Rama, I want to establish peace in the world. PHURO! These inspiring words will bring peace to the world. PHURO in itself is a complete mantra.

"*Ishvarovacha.*" *'Thus spake the Lord.'*

"JAI MAHAMAYA KI JAI!"

23 August 1983

Shri Babaji gave an interview to an American journalist

"This is the time of Karma Yoga. It is the method for realization in this Age. Now I want Karma Yoga.

"A great Revolution shall come to the world. Destruction is a most necessary aspect of creation. At all times, peace was established only after revolution. For many Yugas, the earth has been crying out for blood. The whole earth has to be bathed in blood at least once. This desire of the earth will be fulfilled. The Revolution will come quickly, in seconds, and spread everywhere.

"Courage is necessary. I want to root out idleness and create a world of brave, intelligent beings."

When asked whether it was necessary for everyone who was open to Him and His message to come to Haidakhan, Shri Babaji replied equally:

"No." "But," He said, "world leaders will have to come here. It is compulsory. When Krishna went into battle, all the leaders of the time came, too, to join Him on the battlefield of Kurukshetra.

"My message will reach into the depth of the sea and into the heights of the sky. All modern weapons, atom bombs and arms, are ineffective against Mahaprabhuji's message and power. The Message that came from a cave in the Himalayas has now come out into the world at large.

"No power in the world can stop the Revolution coming now."

When asked whether He is satisfied with the way His message is being spread in the West, particularly in the USA, Shri Babaji replied:

"I am beyond satisfaction and dissatisfaction. What I want is Karma Yoga!"

26 August 1983

"The Sanatana Dharma is the universal Law/Religion - eternal, without beginning, without end. No one knows when it came into being - no one knows how long it will exist.

"Hourly, I am speaking to you.

"The Sanatana Dharma is the king of all religions. At the beginning of Creation it was the only religion and at the end of Creation it will be the only religion. Santana Dharma is like an ocean; other Dharmas are like rivers - eventually they all merge into the Sanatana Dharma. They will lose their separate existence.

"This is a '*Phuro Mantra*' - '*Pinda Kacha Shabda Sacha*.' The body is perishable, the Word is eternal.

"JAI MAHAMAYA KI JAI!"

31 August 1983

"Today's festival (Lord Krishna's birthday) will be celebrated in a great, inspired way. Mahaprabhuji says, I want to congratulate you all on this sacred occasion. For the sake of Lord Rama, may you all be happy today. (Babaji then congratulated everyone on behalf of Shri Mahamuniraji, who was also present for the occasion.)

"On this auspicious day, one of the greatest revolutionaries of all times was born. He called together 18,000 battalions of horsemen from all parts of India. For the sake of righteousness, a fierce battle was fought at Kurukshetra, with great bloodshed. Today we commemorate the birthday of this revolutionary. Let it be an inspiration to all of us.

"Krishna was also the one who gave to the world the message of the '*Bhagavad Gita*,' which still today inspires millions of people. On this day He incarnated to lighten the burden of bad karmas of men. The earth was laboring under its burden of bad karmas of men."

Shri Babaji then praised Jaimalji for his great services as a Karma Yogi, saying that he will be an example to be followed by many generations to come.

"JAI MAHAMAYA KI JAI!"

31 August 1983

Babaji speaks, Shastriji repeats; after the Yagna (fire ceremony)

"For the sake of Lord Rama, the auspicious Yagna ceremony has been completed today. This religious ceremony has been performed for the welfare of the whole world. Since Mahaprabhuji's appearance until now whatever has been undertaken here has been done for the well being of man. For the sake of Man's salvation the mantra '*PHURO!*' has

been newly created. The readings of the 'Haidakhandi Sapt Sati' were done solely for the purpose of serving the welfare of the universe.

"One day, the religious ceremonies performed here will attract such crowds that the queues will reach as far as Bareilly, Rampur, and Bhowali. People will rush to come here; even the very rich.

"The fact is, 'PHURO!' Everything in this world is 'PHURO', transient. It has no reality. True reality is to proceed on the path of truth, to keep the company of saintly people, and to render service to men. The fact is, 'PHURO!' - this world is transient.

"JAI MAHAMAYA KI JAI!"

31 August 1983

At the Dhuni

"Today you are all present here by this natural cave of overhanging rock of Mount Kailash (i.e., on the terrace outside the dhuni building). You are all blessed to be present in this great pilgrim center, at the Court of the actual Kailash Mahadham. Here, only those can live and are living who are very fortunate in this world. How can unlucky people live here? Those who have impurity in them, not even their shadow can come near this place, because this is a sacred, divine center. Here only heavenly beings can reside. For the sake of Lord Rama, continue to sing bhajans, to meditate, to pray.

"All of you can see for yourselves how nature has formed this cave of overhanging rock in such a beautiful way. It is covered with the abundant green of leaves and creepers. This is a great universal pilgrim center. Now it is the auspicious morning time. It is 9:30 a.m. How beautifully the bagpipes are sounding! How colorful the garden is round about, where Lord Shiva's attendants are standing - like Majoordas, in name and form a genuine Ghana. Har Govind is here, like Kartikeya (Shiva's eldest son) and Shastriji is standing here like Lord Brahma, the Creator. You are all Rishis of ancient times, residents of this divine sacred center. You all don't know yourselves. You don't know your own greatness - like Hanuman who did not know His own greatness. He had to be reminded of it.

"Wealth, kith and kin, and good fortune, sinners, even prostitutes can have; but the company of great saints and the knowledge of the Lord's name are difficult things to obtain. Only great men have these. This is what Tulsidas has said.

"Congratulations to you all on this holy, auspicious day! Can you see how nature has spread a beautiful veil of clouds over the sun? It is neither too hot, nor does it rain. Even nature works in favor of today's auspicious event.

"For many years now, you have been witnessing how nature is obedient to Mahaprabhuji. Even if the Sun is told to stop, it will obey. Today, you can see this fact for yourselves. Sitting here at Herakhan, Mahaprabhuji has control over every particle of the Creation by the power of His mere wish, by His every thought. You may travel throughout the whole world, but the peace of mind which you acquire here you cannot find anywhere else. Mahaprabhuji has control over the elements, the spiritual world - to say nothing of the world of men. He is the Creator, Sustainer and Destroyer of the world. Not a single blade of grass can grow but that He wills it. He has incarnated in a human body for the welfare of mankind. His sole desire is to make it possible for the whole world to be liberated. He shall do His utmost to achieve liberation of the world.

"You have come here from all parts of the world. Can you create such natural beauty as you see around you in these hills? Always, all heavenly beings, the Gods and Goddesses, are present here. They come and go. They bathe in the Gautama Ganga. Many divinities reside here permanently, not wishing to leave this place.

"Be happy, all of you! May long life and prosperity be yours always!

"JAI MAHAMAYA KI JAI!"

Then Babaji invited the bagpiper to play and some of the devotees to dance.



"In the Court of Mahaprabhuji, the orchestra of musicians is playing and the heavenly maidens are dancing. When there is music, song and dance, this is an ideal combination of three divine elements.



"JAI MAHAMAYA KI JAI!

31 August 1983

Evening, before a playlet depicting incidents from Lord Krishna's life

"Today is the very auspicious festival of 'Janmashtami' - the birthday of Lord Krishna. I have only one request to make of you all, the inhabitants of this area. Just as you have come today to attend this festival, I wish to have the pleasure of your company for other festivals, too.

"You must know that by living together in a united way, anything may be achieved in this world. People in this area must become united to progress. There is great power in union. If there is unity and love among you, then only can you lead a peaceful and happy life.

"We must work unitedly. We must all work together to complete our task. In this way, all work becomes easy. Through division of opinions, great kingdoms and many city states were ruined in the past; but by living in unity, ruined kingdoms have received new life. On this auspicious day, everybody should take a vow to work together in this life.

"Try to develop your villages. There is a Sanskrit proverb which says that in the Kali Yuga there is power only through organized groups. We must be of firm determination to progress. Then only success is certain. Modern man has even traveled in space; he has been to the moon and intends to visit other planets; but people in this area are where they were - they have made no progress. Now here we should make efforts to progress, as well. As in these modern times, science and technology have advanced, so we, too, should strive to advance in every way.

"The first thing to do is to root out inaction. As long as you do not become great human Yogis, you can achieve nothing. Today you should all take a vow to root out idleness. Through hard work, it is possible to achieve anything in this world. You can even change creation itself. Have faith in Karma Yoga. Get peace and happiness through Karma Yoga. Idleness is the root of all misery in this world.

"You must understand that future generations have to make greater progress than we have made. Make efforts so you yourselves become shining lights in future. There is one path to peace and happiness - Karma Yoga. If we are prepared to work, we can overcome pain and poverty. If there is unity among us, we can even bring down Governments.

"Train your children in Karma Yoga, that they may become people of good and strong character.

"JAI MAHAMAYA KI JAI!"

August 1983 (exact date unknown)

Shri Babaji and Shastriji comment on Detachment

One evening in August, a devotee went to Babaji and asked Him three questions concerning "detachment."

- (1) What is the definition of detachment?
- (2) What is it for, or to what does it lead?
- (3) And, when you don't have it, how do you "practice" it?

Babaji told the devotee to ask tomorrow, so he went back to his seat.

A while later, Shastriji came out of Swamiji's room and went to touch Shri Babaji's feet. When Shastriji stood up by Babaji's side, Babaji called the devotee back. He came forward and touched Babaji's feet and Babaji told him to ask his questions of Shastriji.

The questions were repeated and Shastriji replied that detachment is knowing that the world is illusion. This did not mean much to the devotee, who felt confused and disappointed.

At this point, Shri Babaji leaned forward and entered into the conversation, saying there were many kinds of detachments, "Vairagyas." For instance, the men who invented the atom bomb were detached - they focused all their attention on one problem, forgetting everything else. The main theme, He said, is to focus your attention completely, to concentrate on your goal, whatever it is, forgetting all other things. This is renunciation. It leads to God realization.

Shri Babaji said further, that being one-pointed is "Vairagyas." He told the devotee that he was "liberated," that he was "most detached." The devotee felt neither "liberated" nor "detached," but he touched Shri Babaji's feet and headed to his seat. Shri Babaji called him back.

Babaji reemphasized that whatever decision you make, whatever goal you set, go after it with great faith and firm determination, focused on it entirely. Babaji said that just by shaving one's head or putting on orange garb, one does not become "detached." One must have firm faith, strong will and complete concentration. The devotee again touched Shri Babaji's feet, thinking the conversation was over.

Shastriji then told him to stand up and Shastriji began to speak again. He said that Shukadeva had asked the same three questions of his father, Vyasa. Vyasa had told Shukadeva to go to King Janaka and ask him these questions. When the questions were put to him, King Janaka instructed Shukadeva to circumambulate the city of Mithila, carrying a full bowl of milk. Shukadeva was to be accompanied by two guards with bared swords and if he spilled even one drop of milk they were under orders to cut off his head.

Shukadeva was then sent on his walk, holding the very full bowl of milk. Hours later, he came back into the presence of King Janaka, who asked him what he had seen of the city. Shukadeva replied that he had not seen a thing of the city because he had focused entirely on not spilling the milk, the sword of death hanging in his mind. King Janaka then explained that this was how he had to concentrate on his goal - with complete concentration. This was "detachment" from all the things in life.

The devotee thanked Shastriji and again, with gratitude touched Shri Babaji's feet. At this, Shri Babaji turned from another conversation and asked, "What was your third question?" It was "How does one practice detachment when he doesn't have it?"

Shastriji answered: "Dire, dire - slowly, slowly" and the devotee laughed.

Shri Babaji leaned forward and pointed at the devotee and clarified: "With total concentration and great faith and determination! Focus on your goal and everything else fades from view. Then you have 'detachment.'"

"JAI MAHAMAYA KI JAI!"

7 September 1983

"Today is the Jewish New Year and it is being celebrated here. Today will be a holiday. There will be no work for anyone of whatever caste or creed.

"The fact is today is of particular significance. The Israelis who have come here had to 'cross eight seas.' Other people who come here only have to cross seven seas (an Indian saying to indicate great distance). Notwithstanding the fact that in their own country they have so much to do - they have neither time to drink water nor to breathe - still they have come here. As soon as they are born, they are taught to put their hand to the trigger. This (i.e., because they have to fight continuously) is why they have not even the time to drink water."

Babaji then turned to one of the Israelis present and asked "Who is it you are fighting?" Answer: "A good question! The Arabs - each other."

Babaji continued - "Once, in the past, the Jews had a great kingdom. They ruled over their neighbors but with time they were made homeless. Their land, the Israel of today, has been build by them through courage and hard work. Before this, they had no place on earth, not even space to put down their feet; from everywhere in the world they were thrown out. The Israel of today has been build by the valor of the people who live in the country.

"I admire their bravery and courage. The courage with which they are fighting the Arabs makes their lives total chaos (literally - 'makes them sleep upside down'). I do not want spineless people in this Creation. I want a world of people with such courage as the Israelis have shown.

"On this auspicious day, I bless all Jews who are present here, those who are not present, those who live in hiding, those who are alive and those who are dead. I bless them all.

"The day will come - and you will be eye witnesses to it soon - when theirs will be a big, strong kingdom, overruling the Arab countries. Their time has come!

"Everyone must live with courage. The person without courage must die. This creation is for the brave. People without courage are a burden to the earth. On this New Year's Day, I bless everyone - especially the Jewish people.

"JAI MAHAMAYA KI JAI!"

11 September 1983

Babaji, at evening Darshan

"This is Radio Haidakhan with an important announcement; Here is the main news:

"Beware of the river, now in spate. Wear appropriate clothing to cover yourselves adequately. Everyone should be mindful of cleanliness, so diseases may not spread. I want that there should be neither pain nor suffering here. People who come here have been through much suffering, so when they suffer here, as well, this is not right. I want diseases and trouble to stay far away from here. If we are afflicted by pain and trouble, what can we achieve?

"Here we have the benefit of spiritual healing (jhara treatment); a doctor is available; and there is the sound of Har Govind's trumpet. By its sound, bad vibrations and germs are destroyed. The sound of the bells and conch (shell horn) purify the atmosphere and awaken consciousness. Through the performance here of havan, peace and prosperity are enhanced in the world.

"The fact is, the Rishis of the past devised all these things in order to purify the environment. PHURO! Be inspired! As soon as a man of pure heart hears these sounds, consciousness awakens in him. By these sounds all evil influences are kept away. Evil forces are weakened by them.

"Now the season is changing and we therefore need more cleanliness. Summer is taking a step towards winter. The change of climate engenders chemical changes in the body and sicknesses increase. Therefore, take care of your body. As long as your body is in good health, you can serve Prabhuji. When you are sick, how can you serve Prabhuji? It is very important to have good health. When your body is fit, you can do anything - bhajans, japa, yoga. PHURO! In order to do Karma, it is vital to keep your body healthy. So follow these teachings about cleanliness and health and teach others, also.

"PHURO! This is an all encompassing mantra.

"Pinda Kacha, Shabda Sacha. The body is perishable; the word is eternal."

19 September 1983

Shri Babaji was addressing a group of twenty Westerners who had arrived the night before in a pouring rain

"You have come here, making a supreme effort, crossing seas and mountains like Hanuman. The fact is, you made a total effort. Phuro! You have achieved a great task! Your devotion is very deep, there can be no doubt about it. Just as Hanuman showed his profound devotion to Lord Rama, so you, too, have proved your devotion to the Lord."

Shastriji then said: "Shri Babaji has just whispered a very beautiful Vedic mantra into my ears - '*Aneka Janma Sansiddhaha, Tatoyanti Paramganim.*' '*Only he who for many lifetimes practices severe sadhana can attain to the highest abode of God (i.e., liberation)*'" Shastriji said that Shri Babaji had given this mantra particularly to the newly arrived devotees.

"Only he can come here in whose life a turning point has come, when the spiritual energy is rising. Only he can come here whose sins have been destroyed. Lord Rama says that only he can come here who has done great penance in his previous lives.

"Now there is great turmoil in the world. There is total insecurity with every step. To come here at such a time as this has great significance. Now at every moment man has to face death. "No one knows what the next moment will bring. Every moment is full of uncertainty. This is the situation for everyone now.

"This is why I am telling you that you are all fortunate to be arriving here during times like this.

"JAI MAHAMAYA KI JAI!"

19 September 1983

Evening

"For the sake of Lord Rama, the group that came here yesterday worked wholeheartedly today. Work is Mahayoga, Supreme Yoga. To go astray from the path of Karma is to create trouble for ourselves. Action is the source of all joy. Go on working. Go ahead, making progress. Work until your last breath.

"The world is transitory. You will find stability only on the path of Karma Yoga. Only action can take a man to God and give him liberation. The law of Karma is so deep that no words are great enough to describe it. The day Karma stops on this earth will be the day of its dissolution (pralaya).

"Brave ones, all of you, continue to work! Through Karma alone will you be able to change the world. It is the only way.

"Today the world is playing with fire. We have to be ready to face fire, water and great storms and not be shaken. We have to go beyond the hope of life and the fear of death. Whatever happens, we must go ahead. Then only can we benefit the world. We have to bring the path of Karma into the light. Now the world is in deep darkness. The Revolution spreading in this world can be controlled by Karma alone."

Babaji then whispered two mantras to Shastriji who repeated them:

"Yadatma Dhrishchayaha: He who has control over himself, who is of determined mind, will succeed in life."

"Utishchata Jagrata Prapta Varan Nibhoda Yata: Arise! Awake! Go and seek the wise and learn from them."

"You have come here from the four corners of the world. Today you should take a vow to work hard always and to spread the message of Karma wherever you go.

"JAI MAHAMAYA KI JAI!"

23 September 1983

Shri Babaji commented on the marriage in the Ashram that day of two black Americans

"The couple standing before you are Kalbhairav with his two Shaktis. (Another black American lady was standing with them). His wife is Kali Maie and the other lady - his auntie - is Bhadrakali. This marriage has great significance. The rain clouds have been collecting since yesterday to shower their blessings on the couple. The sacred river Gautama Ganga has taken on her fierce, fast flowing aspect. Both Varuna, the God of rain, and Vayu, the God of wind, as well as many other Gods, have come here to attend the marriage ceremony.

"But now we focus not only on the matter of this marriage, but of the whole world. The world now is in a state of turmoil. It is suffering from three kinds of pain - physical, mental, spiritual - and there is only one way of being cured from these. We have to root out inhumanity and replace it with humanity. I have told you before that I do not want differences of caste, creed, color or race. When there is only one Humanity, how can there be different creeds and castes? This is quite unreal.

"I think it was like this: some shrewd people invented all the differences in order to divide people, to be able to rule over them. So they created castes, their aim being to divide and rule. Differences were created for selfish motives. There are people in this

world who, when they see someone else's house is burning, are happy. There are people who want to live in comfort at the expense of the labor of others. There is only one God, who created all men in His image. This is why we have to reestablish humanity.

"What I want to instill in man is courage. I want to have a creation of courageous people. Only courageous people can come here. Only courageous people can survive such critical times. I have spoken to you many times about the extent of the calamities to come. They will be so terrible that people without courage will die instantly from heart failure. We have to have the courage to face floods, fire and storms. We have to go beyond the fear of death and the hope of life.

"I want a creation where there is no dependency of any kind. Everyone should be able to stand on his/her own two feet. The problems of all countries can be solved when everyone becomes hard working. As long as there is laziness in the world, people cannot attain happiness. Today's world leaders have created circumstances which make it difficult even to breath. If you are active and hard working, then you can do everything yourselves. Materialism is rising like a great storm and we have to face it.

"I have told you before that through Karma Yoga alone can you attain liberation. Any material desire you may have can be fulfilled by Karma Yoga, as well. Karma Yoga is Supreme Yoga. Lord Rama and Lord Krishna taught this, too. Not only did they teach it, they also practiced it and were successful in it.

"The great battle fought in the Mahabharata was an example of Karma Yoga. The tyrant kings of that time came and fought on the battlefield, where they died fighting bravely - doing their Karma Yoga, and thus attained liberation. This is why Karma Yoga is Supreme. By Karma Yoga, Lord Rama lessened the earth's burden. Those who are lazy, inactive, are a burden to the earth.

"So all of you have to go beyond the fear of death and the hope of life and go on doing Karma Yoga. Karma Yoga is the only type of yoga that gives immediate results. Whatever you do in the morning, you can see the results in the evening, standing before you like a picture. The seeds sown in the morning sprout by the evening. The farmer harvests the results of his Karma Yoga after six months. Everyone does Karma naturally, no one can remain without it. We must perform those actions which will benefit others - and not only other people but the whole of Creation.

"It is of no use to give birth to millions of sheep. One hard working human being is enough to save the world. We must all become hard working and teach coming generations as well. All other forms of yoga come second only to Karma Yoga because the whole world is maintained by Karma. So practice Karma Yoga and progress. People in the world nowadays have become very cowardly. That is why we have to be courageous, adventurous.

"JAI MAHAMAYA KI JAI!"

24 September 1983

"Due to heavy rainfall, roads have been much damaged and communications are difficult. There are no bus services. Postal communications have been interrupted. This breakdown in communications will mean great losses to the country. This is Nature's curse: it is the working out of the law of cause and effect. Because righteousness had decreased, all these calamities come.

"The fact is, our radio communication is weak. The sound is very feeble."

Babaji was referring here to His own broadcasting apparatus.

"The radio has to be beamed to many places and the transmission is difficult. Radios are not receiving up to their full capacity because today the news has to be broadcast throughout the whole universe. This broadcast is being transmitted to every single being in this Creation - to each one of the 8,400,000 existing species. Due to the fact that the sound waves have to reach every distant corner of the universe, reception is somewhat weak.

"Not only is man in danger but every one of the 8,400,000 species as well, and the sound of the radio has to reach every single one of them.

"This is where the radio's transmission ends for today.

"Sabka Kalyan Ho! May all beings be liberated!"

"JAI MAHAMAYA KI JAI!"

11 October 1983

At the Manda Farm, near Vapi, Gujarat

"I wish everyone in this country, as well as all in this world, all the best. Nowadays humanism has been completely killed. Human beings have become like animals. I want to bring back humanism into the soul of every person.

"Because of the lack of human spirit, every individual is in tension and fear. I want to relieve everyone from this state.



"Ages ago, sages formed the following mantra:

"Sarve Bhavantu Sukhina

"Sarve Santu Niraamayaa

"Sarve Bhadraani Pashyantu

"Maa Kasbchid Dhukhbhag Bhavet

"May all be happy

"May all be free from disease

"May all realize what is good

"May none be subject to misery.

"But in all these Ages, under the guise of bringing peace and happiness, only wars took place - like those in the Ramayana and the Mahabharata. These wars only left millions of women and children in grief.

"Now I want to bring happiness to every living being by reforming the hearts of all individuals. Only by this process can the dream of the sages who formed the mantra come true. For this purpose, the only path is Karma Yoga. Only Karma Yoga can bring satisfaction and good fruits of action. With this, happiness will automatically come into the hearts of the people. Hence, all of you should work hard and follow the path of Karma Yoga.

19 October 1983

"You must intensify your courage and enthusiasm. I want all work to be done punctually - on time. Whatever work you do, do it with a sense of duty. I do not need more work to be done but I want work done with concentration, efficiently and expeditiously. Everyone must do his or her work here as his or her own work. I want everybody to be very active and hard working. Activity - hard work - is the only way to infuse new life into your country.

"There is a great possibility of war in many countries by December. Also, there are possibilities of civil wars. There will be fights between families and between groups within countries. They will destroy each other this way. That is why I want to emphasize unity.

"Your aim in life must be to be always active. If you work hard, then you will be happy. You will get good sleep and a healthy appetite also.

"In the name of Lord Rama, all your work should be done perfectly. May all of you be happy!

"JAI MAHAMAYA KI JAI!"

27 October 1983

Shri Babaji spoke through Shastriji, whispering each sentence into Shastriji's ear to welcome the Governor of Uttar Pradesh, the Honorable C.P.N. Singh

Today is a blessed day because His Excellency the Governor of Uttar Pradesh has arrived here. On behalf of all the devotees, from India and abroad, we extend a hearty welcome to him. Shri Mahaprabhuji showers endless blessings and good wishes on him.

This Vishwa Mahadham is not an ordinary place. It is special because Lord Shiva, in His mortal body, is living and moving here. The earth which is touched by the Holy Feet of Shri Mahaprabhuji is holier than even the highest heaven.

Revered Shri Mahendra Maharaj himself has written that Herakhan is a wonderful place - in all ways it is giving pleasure - the beauty of the place entrances the mind. Thousands of people are coming from thousands of miles away and experiencing the cosmic vibrations of this place. One who lives here for some time becomes a real Yogi.

We who are here even forget the date or day or time. The mind concentrates automatically because this is the holy place of Lord Shiva's penance. Gautam Ganga always flows here with a roaring sound and all siddha yogis, demons and the Gods worship in this place. Those who live here for some time automatically get many kinds of yogic powers.

This is true because the places that have been touched by the Holy Feet of the Lord have a divine power in them. If we call this place a heaven on earth, it will not be an exaggeration. Those who have a Darshan of this place have all their wishes fulfilled. Both material and spiritual desires are fulfilled, giving a person the assurance that this life is a complete success.

As far as we can see, doing penance in this world has great significance. In the atmosphere and vibration of Herakhan there is such divine energy that a person gets the power to control the five elements and the five pranas of the body; so much so that some people come here even three or four times a year from abroad to enjoy this bliss. Today we are all blessed and we all pray to God for the Governor's good health, long life, and success, both spiritual and material. Shri Mahaprabhuji loves you and showers millions and millions of blessings on you.

JAI MAHAMAYA KI JAI!

The Governor's response to the welcome:

Whatever you heard from Shastriji was all the inspiration of Shri Mahaprabhuji. I do not know what words to use to reciprocate such a greeting.

We must remember that in this place, as a result of the appearance of Shankar Swyambhu (the Self created Lord Shiva), the essential thing is that there are no differences here. Hindus, Moslems, Germans, Italians, rich and poor - all come to the Holy Feet of Bhagwan.

Your bodies are outside but your minds have merged into His Lotus Feet and achieved purification. The degenerated human race starts its purification automatically from His Lotus Feet to effortlessly spread throughout the world. For that purpose only, this forgotten, neglected land is now getting new life.

The work we are all engaged in here is for the purpose of making Man a true human being. At present, men have become like animals. Oh, Prahhu! By Your Grace save mankind!

28 October 1983

"With people going their own way and conflicting with each other, it seems that a time of great crisis is very near. The world needs change from its roots upwards. Oh, my children! Youth of the world! Be brave and courageous and be prepared to face life as it comes, because as long as there is no fundamental 'root' change in the world, there can be no improvement.

"Oh, brave youth! (It is right to call everyone 'youth' now), go from house to house, in any area, wherever you live, wherever you go, and give them this message: "Awake! Arise! And be exalted! Make your life a success!

"Now the time is very near, there is no time to do anything else, no time to brood. Wherever you live, get organized, unite and awaken the people. Show the Path of Righteousness and Truth to all.

"You have to be strong and capable of facing these coming difficult times. Oh, youth! Remove all differences from your minds and unite like one great chain. We have to do good, not bad, for the whole world. You have to gather your courage, leave behind the fear of death to face life with hope and courage. Forget profit and loss - do not be concerned for praise or abuse - march on! You will have to walk through the blazing fire; only then can this world be saved."

29 October 1983

Shri Babaji again spoke through Shastriji, whispering each sentence into Shastriji's ear

"Highest Brahmarshi, Blessed One (speaking of and to the Governor of Uttar Pradesh), we give all good wishes to you during your stay here. As the great learned and respected Bhishma Pitamaha showed to the people in the Dwapara Yuga the correct path to Truth and Righteousness, so His Excellency, the respected Governor, is showing the correct way of life to the people of this Age. We all have this high expectation of him. We have a very high place for him in our hearts. We hope that he will guide us, time and again, like Bhishma Pitamaha.

"Truth, Simplicity and Love are like a Triveni (a triveni is the joining place of three rivers). The way to success is to join Karma Yoga to this Triveni. Shri Mahaprabhuji is encouraging us to follow the path of Karma Yoga which is the only way to fulfill our wishes in this and future lives.

"Shri Mahaprabhuji wants the creation of very brave and courageous people in the world. If, with full faith and devotion to God and with a firm determination, people follow the Path of Truth, Simplicity and Love with Karma Yoga, they will reach their goal. When the whole world is burning with the fire of sins and sorrows and the flames are about to swallow the world, this is the only way by which humanity can be saved. Only he who has firm determination will survive this destruction. That is why great Rishis have proclaimed: 'Awake! Arise! Go to the wise and learn from them!'

"There is no place for fear; people must work fearlessly in the world. Maharshi Markandeya has said that we must be fearless: when a man is fearless, no man can

stand against him in battle - either a battle in material life or in spiritual life. He is victorious in all the battles of life.

"Now Babaji is suggesting another point - that we must annihilate the feelings of 'I-ness' and 'my-ness' from our minds. You must march forward like a soldier, dutifully and bravely. The thing which brings man down is 'attachment' to his own kith and kin. When you all belong to this whole universe, where is the place for 'I' and 'mine?' We must unite as one universal family and march forward in unity. By this means only will the world be benefited. This is not the concern of one individual but that of the whole universe. The only true man is one who practices 'humanism.' Every man must cultivate the qualities of 'humanity' - this is the only way to success in life.

"To teach us this way of 'humanity' or 'humanism,' Sadgurudev Shri Babaji has appeared here. 'Humanity' will not be elevated by lecturing and talking but we must awaken the spirit of humanism in all of mankind. Everyone must remove the differences between themselves and others and work in the world in unity; otherwise, the disorder which is spreading in the world will go on increasing and there will be no cure for it.

"There is only one way for mankind to be saved and that is by changing the hearts of all people. Shri Mahaprabhuji will give His full spiritual power to this, but every man and woman will also have to make their best efforts toward this end. As long as there is no change of heart, humanity is in great danger.

"JAI MAHAMAYA KI JAI!"

29 October 1983

The Governor's Response

If you so order, I will also speak a few words.

Mahaprabhuji Herakhan Bihari, my hundreds and hundreds of salutations and pranams to you.

Swayambhu Herakhandi has explained an ideal. There is no doubt about His incarnation, which is most significantly for the purpose of entering into the deep consciousness of Man - to awaken man. This could not have been accomplished without this incarnation. This incarnation happens only when the people do not accomplish those righteous works which Absolute Truth requires of them.

Thus it is clear, and you can understand Who He is, and why God has come, and what we have to do. In His teachings, His work and His daily routine of life, we can see that He

not only gives us blessings but in His daily practical life He exemplifies what He says. There is no difference between His speech and His action.

An Urdu poem says that as long as there is a veil between you and Him, He is away from you; but as soon as you lift that veil (of ignorance) you see Him only - everywhere.

This saint is the Remover of the Veil. This One who is in human form is a tremendous Power. What is our responsibility? It is that we must obey His teachings which He gives us in very rousing words. We must always do our duties earnestly.

How do we fulfill these duties? Only by firm determination. How do we cultivate this firm determination? By repeating daily, like a mantra, "I will control my desires and fulfill my duty." When this thought dominates your mind, then you are blessed by Him and His Shakti. Even those who have no physical contact with Him are graced by His blessings.

Universal peace will be established in the same way as the rays of the sun and the moon shine on all the world. Like that, the aura and the rays of Light which emanate from Shri Mahaprabhuji will reach everywhere and give Light to all. If you have any responsibility in the spreading of His Light, it is to work with faith. Everyone should share this Message with ten more people. If you are able to spread the Message and transform lives, then your life is lived at its best.

A few moments ago, when Baba was talking about humanity, a dog came in and wagged his tail as if to tell us "Don't look at my wagging tail - look into yourself!" Oh, people! We should not live like dogs - like animals. We must be human!

For this purpose only, He had to come - to manifest the Ideal. He has to take a human form to guide and show the Ideal, not by talking, but by living it.

Here we see a wonderful thing which we do not see at any other place - there is no differentiation here of caste, creed, religion, rich or poor. All are treated equally here. And that is a great thing.

JAI MAHAMAYA KI JAI! -- Bhole Baba Ki Jai!

30 October 1983

The Kumaon Commissioner, Shri A.K. Das, spoke on behalf of the State Officers from Nainital who came to Haidakhan with Governor C.P.N. Singh

By the grace of Shri Mahaprabhuji, the Governor came here yesterday and Shri Shastriji told the Governor that he was like Bhishma Pitamaha. It is true that the Governor is like

Bhishma Pitamaha because it is through him that all we officers and other staff have got the Darshan of Shri Mahaprabhuji and have been able to stay in this ashram.

We are all very much impressed to see that people from thousands of miles away have sent their offering of thousands of rupees and have themselves come here to sit, without distinction of caste, color and creed, at His Lotus Feet. We have never seen such gatherings anywhere else.

The Message of Shri Babaji about Karma Yoga is so great that it elevates human beings. He has come to awaken humanity which is now sleeping in ignorance. The love and grace which He has showered upon us all is great. We are all forever indebted to Him.

5 November 1983

"The Italians have shown great enthusiasm and courage. Everyone must follow their example because this Earth is a field of Karma (work). Everyone must be active, working. The great people who lived in the past thrived by doing Karma Yoga - now, also, people who thrive are those who are working diligently. I have told you before that only through Karma Yoga can you make progress. That is why I tell you that you must always walk on the Path of Karma Yoga and teach others to follow this Path, too.

"Until you breathe your last breath, you should not abandon Karma Yoga. Inaction is like death - that is why you must go on working, advancing, and making progress."

6 November 1983

"Mahaprabhuji has control over Kal (Time), the God of Death. Mahaprabhuji can create many worlds and can destroy many Creations at His will. If you are His devotee or disciple, why should there be any fear in you? You should not worry at all. Be fearless!!!"

8 November 1983

At a tea party given at the dhuni in the Company Garden

"On behalf of everyone, 71/2 kilos of congratulations to you!

"This kind of organization and celebration is good. You should get together in one place at least once a week. This kind of meeting is 'Phuro!' - complete. All people will be awakened by this kind of meeting; your contacts will increase. It is of great significance to have such meetings.

"For the sake of Lord Rama, the time of ideal kingdom of Lord Rama, the Ramaj, will come.

"This kind of program must be held in every village and city. This will bring about a great reform in society. You will know each other better by meeting like this - the differences among people will be reduced.

"For the sake of Lord Rama, we must progress in Karma Yoga.

"For the sake of Lord Rama - 'Phuro!' This is a complete and inspiring mantra.

"For the sake of Lord Rama, we must not hesitate to do any service, any work that comes to us.

"For the sake of Lord Rama, we must progress - advance!

"JAI MAHAMAYA KI JAI!"

10 November 1983

"The fact is that your daily routine work from morning till night is the real Kriya Yoga. The union of morning and evening (that is, the work of your whole day) is the real Kriya Yoga (the ancient Yoga system revived in modern times by Mahavatar Babaji through his disciple Lahiri Mahasaya).

"The union of that work which is started in the morning and finished in the evening is real Kriya Yoga. I don't want to brainwash people; they have already been brainwashed! Those who are doing the brainwashing themselves do not understand the meaning of Kriya and Yoga (union). There is nothing like Kriya Yoga. There is nothing in this world that is not Kriya Yoga. *Perfection in work is the real Kriya Yoga.*

"Every action in this world, including eating and drinking, is Kriya Yoga. The digestive process in your body is Kriya. The process of uniting any two or more things is Kriya Yoga.

"The people of the world are being confused by others. Doing your own duty perfectly, ADVANCE! GO FORWARD! That is Kriya Yoga, that is Karma Yoga. By this means only can you make progress. *Perfection in work is Kriya Yoga.*

All the scientists now thriving in this world are Kriya Yogis. Concentrated and meditative people are all Kriya Yogis. There is no such separate thing as Kriya Yoga. People have been misled - thousands and millions of people have been ensnared in this trap. Only that is Kriya which brings peace and happiness and all kinds of benefits to people. To do

good actions is Kriya Yoga. Worship (Puja) is also Kriya Yoga, worship of any deity is Kriya Yoga.

"You must all do service to humanity, THAT is Kriya Yoga. The times now demand this of you in this world. In every way, in every manner possible, do good to others and make them happy - that is Kriya Yoga. To each individual and to every country, provide what they lack.

17 November 1983

"The food which we eat must be clean and nutritious, like it was today. (There had been a fine birthday feast that noon.) We should pay special attention to everyone's health. Wherever there are centers, people should try to grow and cook good vegetables and make halvah and distribute them to others! Food should be nutritious so your strength for working will increase and your mind will be strong, too. It is necessary to keep the body in good health in order to do good Karma. If your body is not strong, how will you work? We should eat nutritious food so our bodies become energetic and our brains work better.

"I want a Creation of strong and healthy people - there is no place for weak people. I want people in this Creation to be as fast in their actions as the Wind. I want people who work with all their bodily energies. At this time, the world needs such brave, strong people.

"If you are weak, how will you work and how will you live? You must generate energy in order to exist. Everyone must always be working hard. You should never cultivate inaction here. There is no use to be a dead weight to the Earth. Whatever wars were fought during the past centuries were only to relieve the world of the dead weight of idleness. You must be hard workers.

"If you are engaged in doing good deeds and go on doing good acts, you will have good sleep, good appetite and bad thoughts will not cross your mind. Otherwise, you will always be criticizing others. In inaction, your minds will always be engaged in thinking critically of others. Karma - activity - is the only thing which can drive out all evils.

"JAI MAHAMAYA KI JAI!"

20 November 1983

"At the present time in this world, Karma Yoga is greatly needed. The fact is, due to the progress of science and technology, people are becoming lazy. For example, computers have been invented and all calculations is done by computers and many people are not using their minds and bodies.

"Look at the doctors. Many machines have been invented which test and examine things in a very short time. so doctors do not have to use their own brains. They can accomplish tests in five seconds that would otherwise require five days. Soon they will cease to use their own minds and will become totally dependent on machines. This will make them inactive.

"Science has made great progress in this world. Where we used to engage a thousand men to work, now a bulldozer does the work in seconds. But that makes a thousand people useless and unemployed. While unemployment is increasing in this world, people have lost their peace of mind. The reason for this is because man has ceased to work. Due to this inaction, all kinds of pains and sicknesses are increasing in the world.

"I want you to take the energy of the machines into yourselves and work like machines! In one respect, if you correctly observe, you see that science is weakening human beings. How can you test your own talents and faculties if you do not use them? For example, take a soldier - how can he show his strength and valor if he is only using a machine?

"We must follow a Path which will strengthen us, so we must not be dependent on machines. How can that be done? It can only be done when you are hard working and active. That is why it is very essential to be active and hard working. See Babaji here, who is working from morning until evening like a machine. Everyone must advance by the practice of Karma Yoga This is the best Path for all. No one should cease the practice of Karma Yoga. This is the eternal, unshakable way. Everything, all knowledge, all science, came through Karma, hard work."

23 November 1983

"The fact is, a great fire of sins and sorrows is burning throughout the world. Everyone living walks and works through this fire. People have become disheartened; Death is dancing before everyone's eyes; everyone has this experience.

"Those who are present here, from whatever place they come, live here in unity, as one - and so must you live in your own country.

"At present, not only humanity is in danger, but all sentient and insentient beings of the universe are in danger. I have not only to consider human beings but I have to save the entire Creation. How is this possible?"

A long pause

"It is quite impossible. The calamities which are coming to this world are unavoidable. Only he who has a strong determination to do good acts and who is strongly devoted to God can survive this destruction.

"Whoever lives in whatever place or country, there is no necessity of your coming running here. Please do not waste your time like this! The time and energy which you waste in coming and going to and from here should be used by doing sadhana (religious worship and work) in your home place. The coming and going is just a waste of time. Wherever you live, you must work hard to provide whatever your country lacks. Go on repeating God's Name and go on working, doing good deeds.

"Only by Karma Yoga can you advance and be successful in your life. This is the only invincible weapon - like Vajra (the divine weapon of Indra, the King of Heaven). If you use this weapon, even during the time of total destruction you will not be moved or shaken. That is why you should never cease action.

"You should not do anything which will do harm to others. You should do those good deeds which benefit the majority of the people. That is why all of you should advance by giving first priority to Karma (work). Karma is the only Yoga which brings success to a person. This Yoga is so powerful that even the least practice of it relieves a person from sorrow and sickness. Only that work which benefits the majority of people is truly called 'Karma.'

"You must organize and unite people more and more wherever you live.

"JAI MAHAMAYA KI JAI!"

17 December 1983

Morning Darshan

"The thing is, today, the 17th of December, the winter session begins and we are all together in Darbar (a Royal Court Session) and great kings and ministers are here. This meeting has a great significance because it is an international Darbar. Even Reagan has not such power as this, nor does Indira Gandhi have it, nor the Soviet premier, nor the Chinese premier. The power of those ministers is limited to their own countries - they all have shaped their own limitations. The kings and ministers who have assembled here, have unlimited power throughout the world.

"Shri Mahaprabhuji has the wish that we all must work for the welfare of the whole universe. Whatever we do, we will to do, must be based on the universal good. I tell you that you must all spend your time and energy working for the good of the entire universe. Only by doing this will you be benefited.

"It is not necessary for all of you to come running here again and again. You must all be busy in doing your own work (duty) and by doing that you will be cooperating in the universal work. You must all be prepared to contribute to the universal good. Go and remain in your own place. I do not like people roaming about like dogs. If you go anywhere, go for some purpose. Use that time which you would waste in coming and going to and from here to do good to some human being - to any living being.

"Advance! and help others in making progress!

"Now a terrible time is coming. I have told you this previously. By this great Revolution even the geography of the world will change.

"I request that all of you work hard for the upliftment of humanity. Try to protect the rights of humanity. Step forward to protect humanity!

"At the present time, inhumanity has spread everywhere. We have to totally root out inhumanity and we have to establish humanity throughout the world. I told you previously that you may wonder what I will do and how I will manage it when only Amar Singh, with broken teeth, is with Me. What will the broken toothed Amar Singh do? He who only sits in the kitchen all day!

"LOOK! When the time of need arises, all the army, navy, and air power, all newly invented weapons of war - atomic and nuclear and hydrogen bombs - will be provided. Like armies of ants, these forces will be lined up here. That is why I say you should not wonder what I can do - I can do everything.

"For example, at the time of the great Mahabharata war, all the powers of the world came to help the Pandavas. He who has doubts is ruined.

"You must all step together and form a great international organization - bigger than anything organized in the history of the world. I do not want you all to be ruined or destroyed. A great Revolution is going to take place such as has never before occurred in the world. The hearts of the people who read or hear the history of this Revolution will melt. This is an era of great destruction - no other time can be compared to this. The Revolution will last not for minutes but only for some seconds. The countries which have invented these destructive weapons will themselves be destroyed. They should not think they are secure. Only he who has surrendered completely at the feet of Shri Mahaprabhuji (God) is secure.

"We must not stand still - we must advance for the sake of our countries, for the upliftment of the human race, for all humanity. We must establish Karma Yoga, we must eliminate idleness from the world. I have told you before, also, that I want active and

hardworking people. I do not want to live in a world of inaction - that is why I want to make everyone energetic.

"Now Shri Mahaprabhuji requests you to step forth for the benefit of all humanity. Leaving behind dishonesty and craftiness, step forward to cultivate humanitarian qualities and protect humanism and humanity!"

17 December 1983

Evening Darshan

"You must consider work as the real devotion and go on doing Karma Yoga always. Shri Mahaprabhuji says 'I am always telling you about working hard. My head has become very hot from the constant repetition of this same thing.'

"This world is transitory, the Name of God is the true reality. Everything in this world is destructible, transient, unlasting. So you must all repeat God's Name and sing kirtan and bhajans with devotion and concentration. Without this, how can you attain Enlightenment and make progress?

"The kirtan and bhajans which we sing here must be sung with such deep devotion and concentration that the Deity of whom you are singing must be invoked to appear before you.

"You must go on working and doing kirtan, too. Many times I have told you about this and I hope I will tell you many times in the future because I want to see everyone lively and energetic. When Time is moving so quickly, why do you reduce your speed? You must work as fast as a machine; your brain must work in mantras like a computer. You should not brood over things; to obey the you - to obey the orders of Shri Mahaprabhuji.

"Leaving behind the fear of death and the hope of life, you must advance. You should not be afraid of fire or water. When the need arises, we will have to jump into the ocean; when the time comes, we must be prepared to jump into the fire. That is why all of you must be as firm and stable as Mount Meru. The thing is that this whole world is transitory - why do you entertain confusion in your minds? You must have only one aim, one goal - to serve every living being in the universe.

"JAI MAHAMAYA KI JAI!"

21 December 1983

"Everyone must take a vow on the 25th that we are all one and that we must all live in unity. Everyone must remove differences/distinctions from their hearts. There must be more stress on unity. We must put an end to all kinds of differences of opinion and other differences, too. We must step forward, keeping in mind the problems that the coming great crisis will bring.

"Everyone must use his own common sense - he should do his duty without waiting to be told what to do. To do your duty is the greatest worship (Puja), the greatest service (seva), the greatest devotion (jap) and penance (tapas).

"All of you must give the greatest significance to Karma Yoga. You all have advanced through Karma Yoga only. You must all advance with a firm determination. To have a firm determination is Yoga; to be stable and firm in your determination is Yoga. You should not be shaken from your determination. To be shaken from your determination is to lose your direction - that is why you must make a firm determination and stick to it. Everyone must show his progress to Shri Mahaprabhuji.

"JAI MAHAMAYA KI JAI!"

22 December 1983

At the Hawankund on the gufaside of the ashram, at a pre-Christmas fire ceremony

When most of the seats at the Hawankund had been taken and the ceremony had started, a foreign man came to the Hawankund and looked for a place to sit. Babaji asked:

"Have you washed your hands? Wash your hands and come and sit."

The chanting of the mantras stopped while the devotee washed his hands and sat down. Then Shri Babaji, looking around the Hawankund at all the foreign faces, said:

"I want to tell you the meaning of the Yagya (havan ceremony)." He called out "Roiyo," calling for Om Shanti to come and translate.

"Havan it is that brings rain, which brings grain. The origin of Creation stems from the havan. The havan is the real form of the Gods; whatever we offer to the havan goes directly to the Gods who are being invoked.

"By doing havan, people gain happiness and all the pleasures of life; they all have good thoughts and love for each other. By the smoke from the havan the harmful germs in

the atmosphere are destroyed and the good bacteria, useful to life, grow in it. This increases the plenty and prosperity of the world.

"Before starting any work, you should first know the significance of it. You may be wondering why these people are burning the fire and 'wasting' things by throwing them into the fire. It has great significance: Creation originated from this.

"I will take two minutes more of your time. Do you have any objection?" (A chorus of "no's".)

"The original Kailash is this one. (He pointed above, up the hill of the Kumaon Mount Kailash). Mahadeva (Lord Shiva) appeared there and performed the first havan there.

"Now we turn toward the other Kailash, where (the lake) Mansarovar is (in Tibet). Another Yagya was performed at Mansarovar Kailash.

"When the original Manu (the first man) was born/created, and when Mahadevaji ordered him to extend the creation, this Manu performed a Yagna at Mansarovar. That is why that place was named Mansarovar, from the root name of Manu.

"By Manu's strong determination and the power of the havan, Creation started to expand. Jai Mahamaya ki jai!

"Did you all understand something?" ("Yes, yes!")

Here Shri Babaji used an Urdu phrase to say: "I want to utter a few more words."

"Did you understand?" ("Yes; no.")

"If you have not understood, I will explain it to you. But if you have understood, what more should I say?"

"Did you understand?" ("No; yes.")

Baba continued, laughing: "If you understood, what more can I say?"

To Om Shanti: "What do they say?"

Om Shanti: "Some say yes; some say no."

Babaji, with eyes twinkling: "Those who understood can explain to those who did not understand. Bhole Baba ki jai!"

A devotee said: "Nobody has understood anything."

Babaji, with laughter: "If you are so stupid that you have not understood, then how can I explain it?"

And the havan got under way again.

23 December 1983

During Evening Darshan

"This entire world is transitory, only God's Name is eternal. The fact is that the geography, the structure of the world is always changing. The fact is that if you are not able to learn anything from such experienced, learned people (as Babaji spoke just before), and then you are the most unfortunate of people.

"There is one thing I want to tell you all. In whatever way you can, you should come here and be benefited and liberated. To attain salvation is the highest achievement of man. You must seek liberation and help to liberate others.

"The fact is that the world is transitory. That I have told you repeatedly.

"JAI MAHAMAYA KI JAI"

24 December 1983

During Evening Darshan

"I request all of you not to miss the golden opportunity of this beautiful and significant day. This day comes only once in a year.

"Many people will come, many people will go, many will be born and many die on this day. The world is a place where people are always coming and going. It is definite that sooner or later everything will perish and crumble. Everyone knows that some day everyone has to leave this world. So you must make the best use of this holy day, which comes only once a year. It is possible that whatever you have been unable to achieve in your whole life, you might achieve in this one Day. For that reason you can do bhajan, kirtan, fasting, silence, penance, and meditation of any kind.

"From tonight at twelve to noon at Christmas Day, no evil spirits will come. For twelve hours these evil spirits and ghosts will leave the planet Earth. During these twelve hours Christ will come and go to many places where Christmas is being celebrated. Somewhere He will stay for one minute somewhere one second, somewhere one hour. He will be moving quickly through those twelve hours. In those twelve hours, all your wishes will be fulfilled. There are few days, which have been fixed for such things, when

all the bad spirits are made to leave. On these days people can achieve liberation and attain what they wish.

"I am very happy to see your faith and devotion at this time and I give you My best wishes and blessings for the future. Today is a very beautiful Day. You are the most fortunate ones in this whole world.

"There was a time when everyone used to go to Rome to celebrate this festival; today you have made Rome here.

"JAI MAHAMAYA KI JAI"

24 December 1983

Evening

"The fact is, today is an auspicious and blissful day. Today you are all assembled in the foothills of the Himalayas and on the banks of the river Gautami Ganga. Today the air is cool, gentle and sweet smelling. People from all countries throughout the world have come here. Those who have assembled in this holy place on this Day are enjoying the bliss of heaven. Let this Day be happy for all of us who have chosen the Path of Universal Unity.

"The fact is, I have told you before, many times, what I want to do in the world. I want a creation of brave, fearless and courageous people. I want people with a strong revolutionary spirit who are willing to fight for the Truth. I want to root out the present spirit of non-violence from the world; this emphasis on non-violence has brought an increase in atrocities and injustice in the world. I do not want a world in which the rights of human beings are crushed/trampled, as the world is today.

"This practice of non-violence has led people into ignorance instead of leading them to knowledge. Due to this kind of non-violence, Man has been deprived of his rights and he is afraid of his own shadow. I want a creation of powerful people throughout the world.

"You will all wonder what Shri Mahaprabhuji will do, how He will do it, what is going to happen, how He will face this calamity single handed. Up to now, whatever one has achieved, he has achieved by self effort. 'Yat atma dhrirh nisachyah.' You must have perfect/full control over yourself and a firm determination. You must not be shaken from your determination, even at the time of total dissolution of the world. One who is firm in his determination can change the whole world.

"When Lord Ram was in exile, He had no army of millions of men but He did have a firm determination. When one has firm determination, all the powers of Nature assist him,

come to help him. When the Pandavas returned from their years in exile, no army waited for them. As in those times, all the powers of Nature will come automatically to help us when the need arises.

"It is said, in Sanskrit verse, that if a King is brave and courageous, his subjects will help him with bravery and courage. If we have a firm determination, fire, water, storm . . . nothing can stop us. It will not be necessary to call; when the time comes, all the powers will come to help, like clouds coming piling in.

"Today, in our society there is no lack of people who are trained in many arts and in the sciences. In the Samaj, there are people of such talents who come from all parts of the world. Here are many people with great knowledge of the arts and sciences. In this society, all are educated and each one who comes in more qualified than those before him.

"At the time of the Mahabharata, the great, great kings, leaving behind the fear of death and the hope of life, jumped into the battle. Like that, today people from many countries are ready to face whatever comes. He who has doubts will perish.

"You are all eyewitnesses. Did I go anywhere to broadcast My Message to any other country? The thing is - 'Awake! Arise! Go to the learned people and get knowledge from them.' Then you will get all kinds of powers and success in your life. Today I want to congratulate the people from all over the world. Those who are present and those who are not - all deserve congratulations on this Day.

"JAI MAHAMAYA KI JAI!

"Now there is only half an hour before twelve o'clock. Don't get up and disturb the rhythm/pattern of this holy time. There is a proverb in Hindi which has the hero of a drama telling the heroine 'Most of the play is over, little is left and this little is about to finish. Please do not disturb the harmony of the music for this short remaining time.'

"So please stay seated and go on singing kirtans and bhajans until twelve o'clock. Whatever kirtans, bhajans and prayers you offer today, Christ will hear. Sing kirtan; sing 'Alleluia.'"

25 December 1983

"Today the International Festival of Christmas is ending. This festival was celebrated successfully, through the cooperation of all people. You have always been cooperating like this at this festival time. This festival is celebrated here regularly through the inspiration of all of you and it will continue like this in the future. That is my Blessing on all of you. Congratulations to you for your concentrated, wholehearted efforts.

"I have told you many times before that you must all keep your duty before you always. We must all have one purpose before us - to sacrifice ourselves for the sake of humanity. We must live for humanity and die for humanity. We all must offer our lives for the welfare and security of society. This must be our main aim, our bhajan (meditation, kirtan and service). This is our bhajan, this is our kirtan, this is our repetition of The Name. We should always proceed with this aim in mind.

"Today mankind has greatly degenerated. People are like puppets dancing for demonic leaders. We have to protect the people and lead them to progress. We must not lose courage.

"JAI MAHAMAYA KI JAI!"

25 December 1983

The Kumaon Commissioner's Speech (Shri A.K. Das)

As you heard just now, this was the celebration of the birth of Christ. All of you know about the resurrection of Christ and His message of Love. Every year we celebrate Christmas here - it is a very auspicious occasion. the teachings of Lord Christ was that we are all led by the Good Shepherd. Christ was crucified but he never died; He was resurrected and He had no word of condemnation or hatred toward those who killed Him. He prayed - "Please forgive them they know not what they do."

Now Shri Babaji is here before you. His teachings are similar to those of Christ. The message of Christ was to love everyone, to have no hatred or jealousy toward anyone. Babaji teaches the same. Everyone must do his own duty - only then can we advance.

I feel particularly honored by this opportunity to say a few words to you. I have a tremendous faith in Baba, particularly because we have His message of humanity here. So many foreign friends have come from all over the world. There is much difference between the ways of life and the religious beliefs but there is something unique here - that is why people come from all over the world and sit here. This great gathering of humanity teaches us that though we come from all over the world, we are all from the same spring of humanity. We should love each other, we should gain experience of each other's views and exchange views of our faiths.

On this auspicious day, let us all pray to Lord Christ, to Baba, for blessing and for all the mental courage to perform our destined jobs honestly, properly and with dedication. Once again, I offer my prayers to Baba and to Lord Christ for all my brothers and sisters seated here.

JAI MAHAMAYA KI JAI!



Comments On Various Subjects

Following are comments on a variety of subjects.



Not A New Religion

He is not preaching any new religion. He has come to preach the religion which occurred at the time of Creation, and that is the Sanatan Dharma- the Eternal Religion. He has come to preach the Sanatan Dharma only.

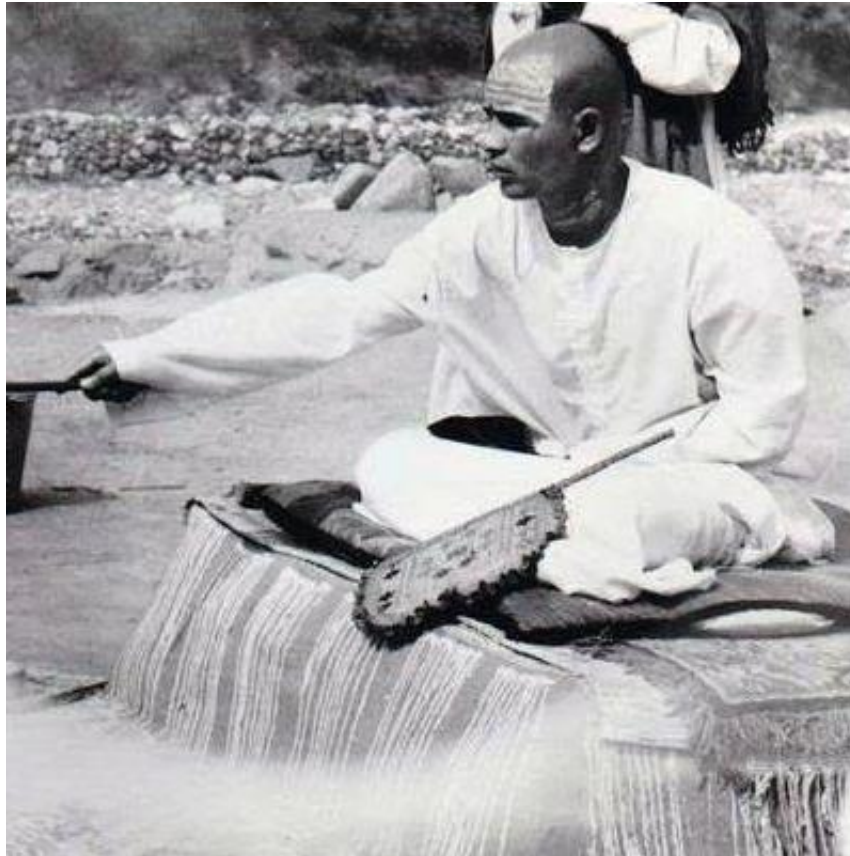
March, 25, 1982

"I have come to guide humanity to a higher path. I do not belong to any particular religion, but respect all religions. I seek the elevation of all mankind. The higher self in people must be developed and enthrallment with the lower nature destroyed."

June 21, 1982

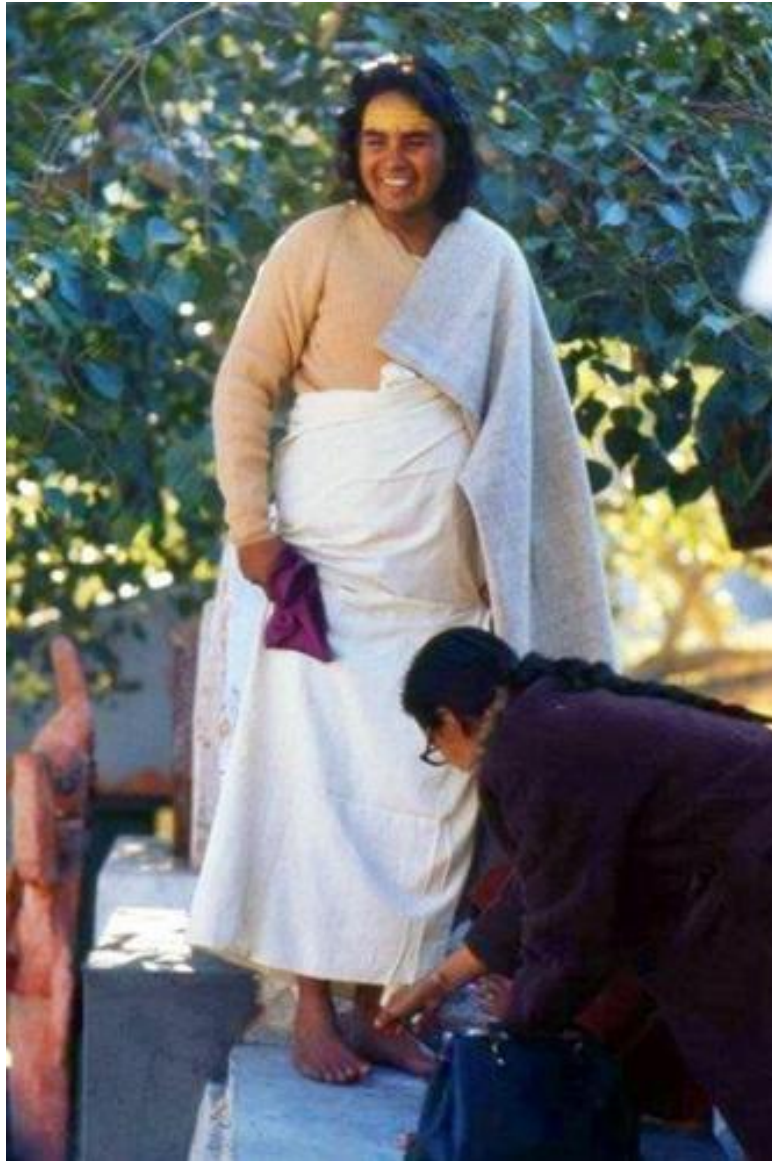
"In any town there is always a central place; all roads in the town or from out of town lead to that central place. Similarly, all religions lead to one point, and that is God Himself; and therefore following any religions you will ultimately reach God."

December 24, 1981



The True Devotee

"Those who see the great God in the moon, stars, earth, air, fire and water, and always meditate on Him only, get success in life and are true devotees."



Jealousy And Envy

Babaji spoke generally of unity.

"We are all equal, despite the country we come from, and national differences should be ignored. We are all a unity. We must shed all jealousy and envy because they are harmful. We are all one with each other and with God."

April 3, 1980

"Remove hatred and jealousy from the heart. the same thing has been repeatedly written in the Bible and spoken through Christ. Where there is jealousy and hatred, there is no religion. If there had been humanity in people, there would have been no necessity of making atom bombs. Years before, people would have left fighting instruments."

December 24, 1982

"The seeds of righteousness have been sown in your hearts for you to kindle the hearts of others. I seek the general good for all people in the world. You must all do work to perfect humanity. By saving humanity, everyone will be saved. Learn to love your religion and consider yourself a soldier of your country. Feel this in your heart. You must work to elevate humanity and eradicate pride, jealousy and hatred."

December 26, 1982



Politics

Babaji mentioned the freedom spoken of and promised by politicians. Then He said, in effect: "Theirs is no freedom at all. If you work and are worthy, I will show you a greater freedom than you have ever dreamed about."

April 3, 1980

"I am come to help you realize unity beyond division. I am not talking about the kind of unity they talk about in party politics; I am talking about a unity never before achieved. A unity we will obtain by way of mutual understanding. No bombs, guns or force. You must all seek that unity."

April 18, 1980



The Next Generation

"Thank you for the work, love and sense of duty you have shown in moving the mountain. This is a blessing for you and for your children. When your children come - and I hope they will - the things that you have done will be of benefit to them."

April 4, 1980

"I want a creation full of brave and courageous people and you should make the next generation brave and courageous too."

January 16, 1983

Q: Should one have children during these times?

Shri Babaji: "Having children is a law of nature; what will happen will happen, you cannot stop it."

September 14, 1981



Japa

Q: How can I still my mind?

Shri Babaji: "Do japa standing in water. The name of God should be repeated two and a half million times, sometimes standing in water, as deep as you like, and other times sitting on your asan next to the water. Do this daily and then leave it when finished."

Q: At some times I feel happy but at other times I feel sad. What can I do to feel happy and keep my heart open?

Shri Babaji: "You must do japa more regularly."

Q: Sometimes I think I should do meditation but I don't feel like it, and at other times, when I try to meditate and do japa, I cannot concentrate. What can I do?

Shri Babaji: "You should get up at 12 in the night, take a bath, and then do japa for about an hour."

September 14, 1981

"While working, you should always recite the mantra you like; you should always recite the mantra."

December 28, 1981

"Every moment, in each breath, while eating, sleeping, and working, remember the Lord's name."

August 17, 1982

"Of greatest importance is that the repetition of God's name increase daily. In this way, your heart and mind will be purified and only then will you find God in yourself."

"The mind can be purified only by japa. This is the only medicine for the disease of the mind. While your mind and heart are impure, how can God live in your heart? The water to clean your heart is the Name of God. So teach everyone to repeat the name of God everywhere."

"I do not want idle people. Japa does not take the place of karma. Japa and work go together. You must be active in God's work like King Janaka who ruled his kingdom always with his mantra in his mind. Arjuna fought the Mahabharata battle, constantly remembering God's name."

"I do not want japa to be a pretext for idleness. Do japa with your work and be liberated. I do not want God's name to be like a stagnant, muddy water, but like sparkling, running water. Work and be Light. Repeat God's name. With a concentrated

mind always repeat God's name.

November 16, 1982

Q: When there is a nuclear war and a bomb lands, say in Bombay, all people, including devotees, will die. What do You mean by saving them through the mantra?

Shri Babaji: "The fear of death is born with man, though this is the only thing that he knows is certain to happen to him. Attachment to material things makes man cling to life. When you chant the Name of the Divine, when you are one with the divine, you accept death. While you are attached to life and afraid of death, you die with that fear and that weight clinging to you. If you have attained liberation you are free from death (you accept the inevitable). You die without fear and by remembering the Name of God, your soul leaves the body free of that fear and attachment. If you are reborn, your soul is still free from that fear. If you die in 'unity' you are free from rebirth, unless you will it."



"Every moment, in each breath, while eating, sleeping, and working, you should remember the Lord's name."

"This Om Namah Shivaya is like nectar; feed everyone with this nectar. Shri Mahaprabhuji wishes that all words would disappear from this world, except for three - Om Namah Shivaya. This is the original mantra. When Primordial Energy first appeared, the first mantra that She uttered from Her holy mouth was Om Namah Shivaya."

"This world is transitory; the Name of God is the true reality. Everything in this world is destructible, transient, and ephemeral. So you must all repeat God's Name and sing kirtan and bhajans with devotion and concentration. Without this, how can you attain Enlightenment and make progress?"

Work For The Whole World

"This work is not only for this purpose. This work will go with you wherever you go; even after you leave the body and go to the other world, this work will go with you. You will be benefited by it. Whatever kind of garden you will make here, and whatever seeds you will sow here, you will get there also.

"This is spiritual work, not material. This is neither my work nor yours; this is the work of the whole universe - nay, the whole cosmos. Do you understand?"

March 14, 1980



"The progress of Vishwa Mahadham is the progress of the world. When you work and learn here, you help the world. make Vishwa Mahadham perfect."

December 16, 1981

"I want to describe again how you must be diligent in your work. The world demands hard work and constructive action, so you must apply yourselves fully to your work. Do not fall back but instead go on. Each step you take will benefit the whole world."

August 17, 1982

Only One Is Enough

"I do not want people in the thousands and millions to be my followers. Only One is enough. One perfect being is enough to change the world. Rama, Krishna and Christ were not many, they were only one. There was only one Rama, only one Krishna and only one Christ; and they changed the world. I tell you these things so you will not think that quantity is necessary. One spark from the light is enough to enlighten the universe."

April 6, 1982

"Like spreading light by lighting one candle from another all around a room, so we should spread love from heart to heart."



"There was only one Christ but through Him many have been transformed. Do not think that there will be many Christs, Ramas or Krishnas. Through history it has taken only one determined man to lead others and change the world."

June 29, 1982

The Body Is Only Here To Serve

"My body is meant to dry up one day. This body is nothing; it is here only to serve people.

"All living beings - including animals, flowers, birds, stones - have been given a form (body) by God, and this form has been given by God a duty to perform in this world. Even my own body has come only to perform a duty to serve all human and all living things.

"But when human beings come into this world they forget their duty and fall under an attachment to Maya (the illusions of Creation, of the material world); they fall into 'me' and 'mine' and so they forget God."

February 2, 1983



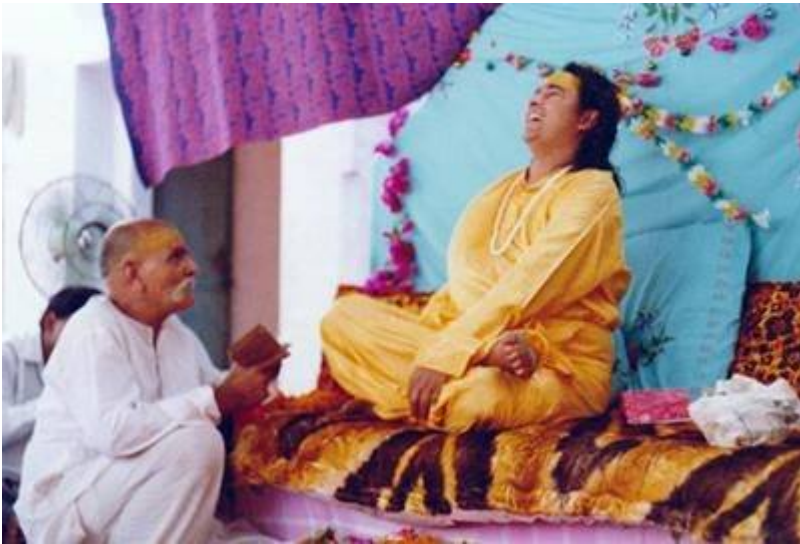
Religion And Country

"Learn to love your religion and consider yourself a soldier of your country. Feel this in your heart."

December 26, 1982

"We should have great faith and love for our religion."

April 4, 1982



"One can follow any religion, one can follow any practice or path, but one must be humane."

"This is revolution, and have you ever heard of a revolution without blood being shed? That is why you must become alert and become the true lover of your religion."

"Everyone must consider his country as heaven and remove 'I' and 'MY' from his mind. Put all your effort into service of country and humanity."

January 22, 1983

"You must be true to your country."

February 16, 1983

Surrender

"What can a man not achieve when he surrenders to his Guru?"

April 4, 1982

"If you were a true devotee, you would have unshakable faith and a steady mind."

Babaji continued "What would you not receive from me?" Your faith must be as mighty as Mount Meru. Even the sun and moon can move from their course, but the faith of a devotee should not be shaken."

September 30, 1982



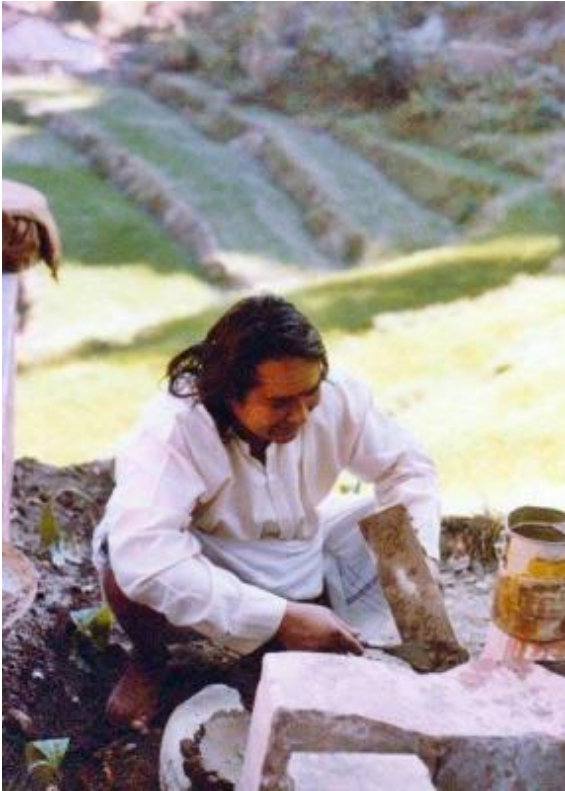
Work Prevents Disease

"Lord Krishna has said in the Gita that a man should work until his last breath. Work is so good that it prevents disease and gives you mental ease. Work is such a good thing that it relieves man of all ailments."

April 5, 1982

"It is best that you spend as much time as you can doing this (karma yoga); it will be good for you in the future. The more time and the more energy you use there will be more beneficial to you. Your health will also improve by this; your digestion will be all right and you will sleep well, also. Your mind will be purified."

March 14, 1980



Do Something More

"One should not lose courage; one should always be enterprising, trying to do something more than what he is doing."

December 28, 1981



Cleanliness

"Sri Mahaprabhuji wants to impress on us all that cleanliness is a very high thing. Cleanliness is next to godliness. Sri Mahaprabhuji says that God only resides in cleanliness. If there is impurity inside you, how can God reside in your heart? So practicing cleanliness is one of the most important acts in your life to realize God.

"Those who live in Haidakhan - and the fakirs of Haidakhan, especially - must be very clean. They must have a daily bath, clean their clothes; and everywhere they must observe neatness and tidiness. Things must be kept in order. Cleanliness is the first step in reaching God."

January 29, 1983



Karma Yoga

"Karma Yoga is the highest religious practice of this time and will liberate you. The scriptures declare that at the end of each Yuga only Karma Yoga will help you."

December 26, 1982

"According to my plan, liberation will come only to those who practice karma yogas-- bhakti yoga, gyana yoga, prem yoga - but in this time only karma yoga can benefit you."

January 9, 1983

"Do not fall back in your work, but go on. Karma yoga is your first duty."

"Work, which I want to accomplish, is to remove the misuse of nonviolence. People have become lifeless and their blood has become like water. You should be brave and courageous - afraid of nothing. You should not be afraid of being burned by fire or drowned by water. If you are brave and Courageous, nothing will harm you, not even the atomic bomb. You must be fearless for yourself and for all humanity. Humanity is making a grave mistake by misusing nonviolence. Time and again I have said this to you. You have come into the world to work. You must always be eager to work. The one who is idle is like a dead man. You have come to this world to live, not to die!"

"I want a world of brave and courageous people. Indeed, those who work hard and are agnostics are more acceptable, for a time, than lazy spiritual hypocrites."

"Many times I have told you that by karma yoga alone will I give you liberation."

"I want, and many times I have told you, that it is the best thing to live your life with courage and bravery. You must be always active and hardworking. I have told you this before also. I will give you liberation only through Karma, so you should not lag behind in your work. Be active and advance! You must always encourage Karma Yoga. You have to progress through Karma Yoga."

Through Karma only, can all needs be fulfilled. We cannot make the world happy and peaceful without Karma Yoga (work). For the peace and happiness of the world, we have to practice Karma Yoga. Through Karma Yoga - working hard - you can bring peace, happiness, joy and contentment to the world. Idleness makes men slip backwards, lag behind. Karma is the highest and greatest thing."

"Every human being must promise with a true heart that he will cooperate with Babaji; He shall help him to be humane. This is the only service Shri Mahaprabhuji demands of you."

"Karma yoga is the highest form of yoga (mahayoga) and any advancement is done through karma alone. By karma yoga great things can be achieved. You can bring heaven down to earth. You can change the whole of creation."



"Those who are lazy and inactive are a burden to the earth."

Truth, Simplicity, Love

Babaji stressed that the time had come to tell the world of His presence and His message of Truth, Simplicity and Love. He said that a committee would be formed to spread His message around the world.

June 3, 1981

In summary, Babaji said: "It is the duty of everybody who comes to Babaji to spread and repeat that name of God and to spread His message of Truth, Simplicity and Love. Those who return to their homes should go on tour and tell people that the way to save mankind is by following the teachings of Shri Babaji."

September 14, 1981



"To follow and demonstrate the path of Truth, Simplicity and Love is man's supreme duty and the highest yoga."

September 30, 1982

"Now that you understand, you must live in Truth, Simplicity and Love, and take this message into the world."

June 29, 1982

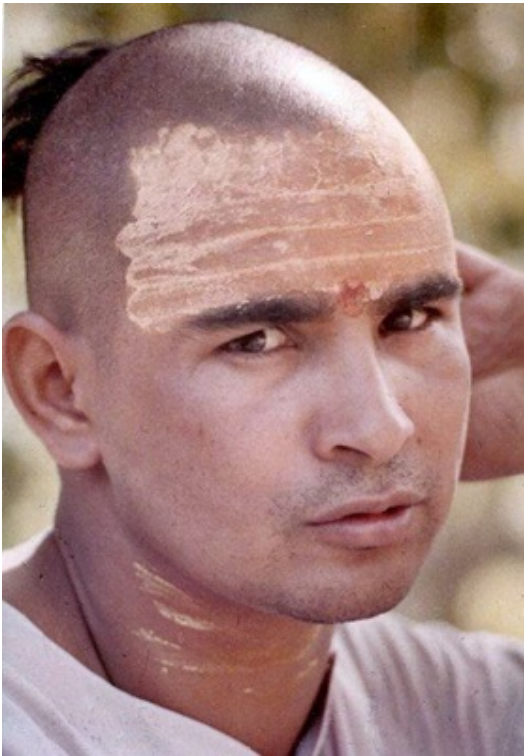
Whatever Work Is Needed

"You should not hesitate to do the lowest kind of service, if it is needed. If a man of high position is prepared to perform any service - even the lowest service - he sets an example for others."

June 29, 1982

"When the time comes, you must be prepared to do any kind of work that comes to you."

January 9, 1983



"Everyone who comes here should be prepared to do any kind of work. In this Age, work purifies you and is the best spiritual practice (sadhana)."

April 5, 1982

Ashram Rules

"Everybody who comes to the ashram must look after the ashram property. Do not let it lie around; take care of it and preserve it.

"Everyone who comes to the ashram is ashram property. They come with My blessings. If anybody is lying about or is sick, take care of them. Everybody must take care of everybody.

"You must preserve, maintain and beautify the ashram. This is your most important duty."

June 25, 1980

"Everybody should come to aarati on time. You should all help keep the temple and kirtan hall in order and clean. To look after the temple is your responsibility. We should give people inspiration from here."

February 2, 1982

"Everyone who comes here should be prepared to do any kind of work. In this Age, work purifies you and is the best spiritual practice (sadhana). In your spare time, everyone must do bhajan (meditation, japa, singing).

"Whomsoever comes to this ashram should follow the rules and help maintain peace and order here. During these days you should go on maintaining peace and discipline, as you have been doing. Learn to talk less and work more. This is the field of spiritual practice."

April 6, 1982

"It is everyone's duty to enhance the beauty and cleanliness of the ashram. It is part of your yoga. To maintain peace and order in the ashram, everyone must see to it that no unwanted loafers come here.

"Morning and evening, you should spend time reading the scriptures and the literature of Haidakhan. Everyone here is a soldier of Haidakhan. Be dutiful for the sake of duty. Be prepared to make sacrifices."

June 25, 1982

"This ashram belongs to you. Learn the rules and follow the discipline while you are here. Then, whenever you go, teach others the same discipline. Become powerful and

help others to do the same."

June 29, 1982

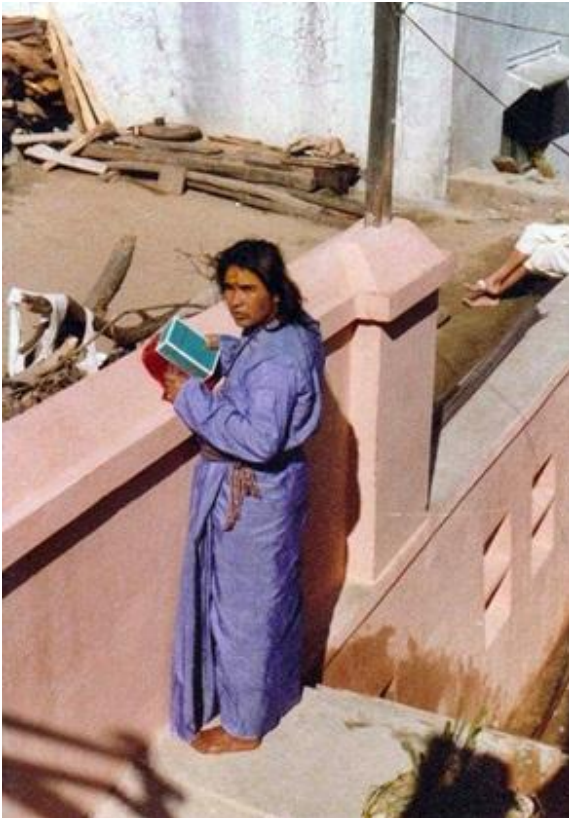
"Haidakhan is the most divine center of the universe. Everything should be wonderful here. Those here should be alert and attentive to entertain the guests well. The leaders will assign and delegate duties at the ashram.

"By attention (to guests) and good manners this will be an example for all people. Set an ideal for the universe. Those who come should be delighted and carry this example with them throughout the world. By your example, a good impression will be made.

"The progress of Vishwa Mahadham is the progress of the world. When you work and learn here, you help the world. Make Vishwa Mahadham perfect.

"All should think of the progress and perfection of this place. Baba blesses all who do their duty sincerely and with devotion. Do your duty lovingly."

December 16, 1981



Kriya Yoga

"Babaji doesn't teach the Kriya Yoga which makes a disciple to leave all action. Whatever He is teaching, he is teaching practically. He doesn't want men to become like stones, without any activity, becoming idle. There are 300,000 nerves in our bodies; to give energy and consciousness to these nerves is the Kriya Yoga that Babaji teaches."

March 25, 1982

"In life, everything is action, Kriya, eating, drinking, coming and going. Everything is full of activity; every moment is full of action. It is the duty of every one to be active; to be lazy is like making yourself dirty."

"The fact is that your daily routine work from morning till night is the real Kriya Yoga. The union of morning and evening (that is, the work of your whole day) is the real Kriya Yoga. The union of that work which is started in the morning and finished in the evening is real Kriya Yoga. I don't want to brainwash people; they have already been brain washed! Those who are doing the brain washing themselves, do not understand the meaning of Kriya and Yoga (union). There is nothing like Kriya Yoga. There is nothing in this world that is not Kriya Yoga. Perfection in work is the real Kriya Yoga. Every action in this world, including eating and drinking is Kriya Yoga. The digestive process in your body is Kriya. The process of uniting any two or more things is Kriya Yoga. Others are confusing the people of the world. Doing your own duty perfectly, ADVANCE! GO FORWARD! That is Kriya Yoga, that is Karma Yoga - by this means only can you make progress. Perfection in work is Kriya Yoga. All the scientists now thriving in this world are Kriya Yogis. Concentrated and meditative people are all Kriya Yogis. There is no such separate thing as Kriya Yoga. People have been misled thousands and millions of people have been ensnared in this trap. Only that is Kriya, which brings peace and happiness and all kinds of benefits to people. To do good action is Kriya Yoga. Worship (puja) is also Kriya Yoga, worship of any deity is Kriya Yoga. You must all do service to humanity, THAT is Kriya Yoga. The times now demand this of you in this world. In every way, in every manner possible, do good to others and make them happy - that is Kriya Yoga. To each individual and to every country, provide what they lack."



"Whatever He is teaching you here; you must do at home also. Babaji doesn't teach the Kriya Yoga which makes a disciple to leave all action. Whatever He is teaching, He is teaching practically. He doesn't want men to become like stones, without any activity, becoming idle. There are 300,000 nerves in our bodies; to give energy and consciousness to these nerves is the Kriya Yoga that Babaji teaches." - Vishnu Dutt Shastriji

Not By Force

"A unity we will obtain by way of mutual understanding. No bombs, guns or force. You must all seek that unity."

April 18, 1980

"Shri Mahaprabhuji has the holy thought that the revolution (Kranti) must be done peacefully."



"Babaji has come to change the world - not by fighting or with weapons and armaments. He transforms by changing the hearts of people through a simple method - repetition of God's Holy Name. The vibrations of the Name will change the world."

April 4, 1982

Full Table Of Contents Part 1

Table of Contents

Table of Contents	4
Who Is Babaji?	6
The Teachings Of Babaji	8
1979	9
1980	11
1981	16
1982	27
1983	53
1984	121
Comments On Various Subjects	128
Understanding The Teachings	129
Not A New Religion	130
The True Devotee	131
Jealousy And Envy	132
Politics	133
The Next Generation	134
Our Foremost Duty	135
Japa	136
Work For The Whole World	139
My Message	140
Only One Is Enough	141
Fellowship And Faith	142
The Only True Service	143
Kindle The Light	144
The Law	145
The Body Is Only Here To Serve	146
Religion And Country	147
The Lion And The Goat	148
Share	149
Surrender	150
The Ten Temples	151
Work Prevents Disease	152
Only Those Who Work Will Survive	153
Do Something More	154
I Am Harmony	155
The Importance Of His Coming	156
The Kranti Is Already On	157
Sanatan Dharma	158
Cleanliness	159
Be Alert	160
The Real Vishwa Mahadham	161
Be Rid Of Attachment	162
Aarati and Puja	163
Karma Yoga	164
Truth, Simplicity, Love	166

Full Table Of Contents Part 2

Those From The West	167
Two Negative Traits	168
Jai Mahamaya Ki!	169
Bhajans And Kirtan	170
Drugs.....	171
Peace Within One's Self	172
Real Strength	173
True Progress.....	174
The Power Of Mantra	175
Haidakhan.....	177
Whatever Work Is Needed.....	178
Talk Less.....	179
One Half Of The Work Is Done	180
Change Of Heart.....	181
Your Own Duty.....	182
Ashram Rules.....	183
Humanism	185
Service To Humanity	187
Courage.....	188
Love.....	190
Kriya Yoga	192
Teach Others.....	194
Spread The Message	195
The World Will Change	196
Not By Force	197
The Misuse Of Non-Violence.....	198
Spare Time	200
Radio Station	201
Make Ashrams	202
Glossary of Terms	203

Glossary of Terms

Many of the following terms are the subject of books. The definitions offered here are very simple, to enable a reader unfamiliar with these terms to read with a reasonable degree of understanding.

Aarati - That portion of the Hindu worship service in which lights (usually in the form of wicks burning ghee - (purified butter) are waved before an image of God, as a symbol of light overcoming the darkness of human ignorance.

Asan - Generally, a mat or blanket on which a person sits, cross-legged, on the ground or floor. Also refers to a more elaborate seat on which a yogi or saint sits to perform worship or to receive devotees.

Ashram - In modern usage, a religious community, a place for spiritual training or renewal.

Baba - A renunciate or Saint; Father, in the sense of priest or God.

Bhakta - A devotee of God, or of a guru.

Bhagavad Gita - Religious scripture that contains the essence of Lord Krishna's teaching in the form of a dialogue between Lord Krishna and Arjuna, Krishna's greatest devotee. The Gita is a segment of the Mahabharata.

Bhagwan - God.

Bhajan - Generally, hymns to God. Also used in the sense of expression of worship through several forms, including the devotee's prayers, meditation. **Worship** - his or her work dedicated to God.

Bhandara - A joyous communal festival feeding.

Bhole Baba ki jai - Honor or glory (jai) to the simple (bhole) Father.

Brahma - One of the triumvirate of Hindu forms of God who are responsible for creating, maintaining/sustaining, and destruction or purification of the universe. Brahma is the Creator.

Brahman - The Hindu concept of God as beyond or above form of human attributes- totally detached, Pure Consciousness, the blissful Source from which comes everything that exists.

Danda - God's punishing rod.

Darbar - A meeting of a King's. or of God's royal court.

Darshan - The enjoyment of the presence and vision of a respected or revered person or of God, in any of His forms.

Dharma - Duty or religion.

Gita - See Bhagavad Gita.

Guru - A spiritual teacher who undertakes to guide his disciples to realization of God.

Gurudev - A disciple's affectionate term for his or her guru. It refers to the guru as God (deva), reflecting the disciple's surrender to the guru, who then leads the disciple to God.

Guru Grantha Sahib - The Holy scripture of the Sikh Faith.

Herakhan Vishwa Mahadham. - Sri Babaji's ashram and the surrounding sacred area. The words translate as Herakhan, the most wonderful or greatest place in the universe.

Jai Maha Maya Ki - Honor or Glory to the Great (maha) Illusory Force. Hail to the Primordial energy of the Universe. Hail to the Universal Mother.

Jap, or Japa - The continual repetition of a mantra. (Verbal or mental).

-ji- A suffix reflecting respect and love, as in Babaji, Prabhuji, etc.

Kali Yuga - The, Age (Yuga) in which materialistic forces dominate the activities of the world and spiritual values decline.

Karma - Cause and effect from life to life. Work or activity offered to God, as in Karma Yoga.

Kirtan - Religious songs which repeat the names of God. For example, the mantra Om Namaha Shivaya is sung for minutes on end to any of a dozen or more tunes.

Krishna - Lord Krishna, a manifestation of God on earth, in India in prehistoric times. The Mahabharata, a great Indian epic, contains the stories of His lifetime. The Bhagavad-Gita, which is contained within the Mahabharata, summarizes Lord Krishna's spiritual teachings.

Leela (or Lila) -The activities of God in one of His human forms. What we see as specifically God's action.

Mahabharata - The story of Lord Krishna's period in human form on earth. The era was a time of a great war symbolic of the destruction of evil in society.

Mahaprabhuji - Maha means great', prabhu means Lord, or God. Mahaprabhu means the Supreme God. The suffix ji is used as an added term of reverence and love.

Mahavatar - An avatar is a Being divinely sent to earth, born of a womb. A mahavatar (maha-avatar) is a manifestation of God, not born of woman.

Mahesh - One of the many names of Lord Shiva, who is seen by some as the destructive or perfunctory aspect of the Hindu trinity of Gods (Brahma, Vishnu, and Maheshwara).

Mantra - "Man" means mind; "tra" means control; a mantra is a means for the control of the mind. A mantra is a Sanskrit phrase used to quiet, then to control the mind - to keep the mind from racing unproductively from thought to thought, which keeps it and the soul of the person attached to the material world rather than to the spiritual world.

Maya - Illusion

Muni - An enlightened person.

Om Namaha Shivaya - Also written and pronounced Om Namah Shivai. Said to be the first words uttered by the Creative Source; the oldest mantra. It can be translated as "I bow to/surrender to/take refuge in Shiva". Lord Shiva is known as the Doer of Good, and the mantra is also interpreted to mean "I bow to whatever Good is happening and to whomsoever is doing it."

Prabhu - Lord; God, Master.

Pranam - a form of obeisance and respect, in which one touches the head to the ground or touches the feet of the form or person who is being worshipped or to whom great respect is being shown.

Prasad - A gift from God or a Saint, or a remainder of what has been offered to and blessed by him and given for distribution.

Ram or Rama - Lord Ram, a manifestation of God on earth, in India, prior to Lord Krishna's manifestation. The Ramayana, one of the greatest epics of world literature, contains the story of His life.

Ramayana - The epic tale of Lord Ram's life

Ravana - A demon embodying and representing the forces of evil in the Ramayana

Rishi - A great, learned saint.

Sadhana - Religious practice; one's spiritual path.

Sanatan Dharma - The eternal duty or religion; the original spiritual path by which Creation was formed and operated in harmony; the Source of all existing religions, which partially reflect it.

Sanskrit - An ancient Indian language, the language of the early Hindu scriptures.

Satva Guna - The high, blissful spiritual qualities which must predominate in the person who is nearing God - realization. These qualities include inner peace, absence of attachment to things of the material world, bliss, and divine love.

Shastri - A person learned in the Vedas and Puranas - the early Hindu scriptures. One earns the title after many years of study.

Sri or Shri - A title of respect, especially for God or a holy man.

Sikhs - An Indian religious sect founded from the teachings of Guru Nanak, a 16th century saint, believing in oneness of humanity and worshiping the Guru Granth Sahib.

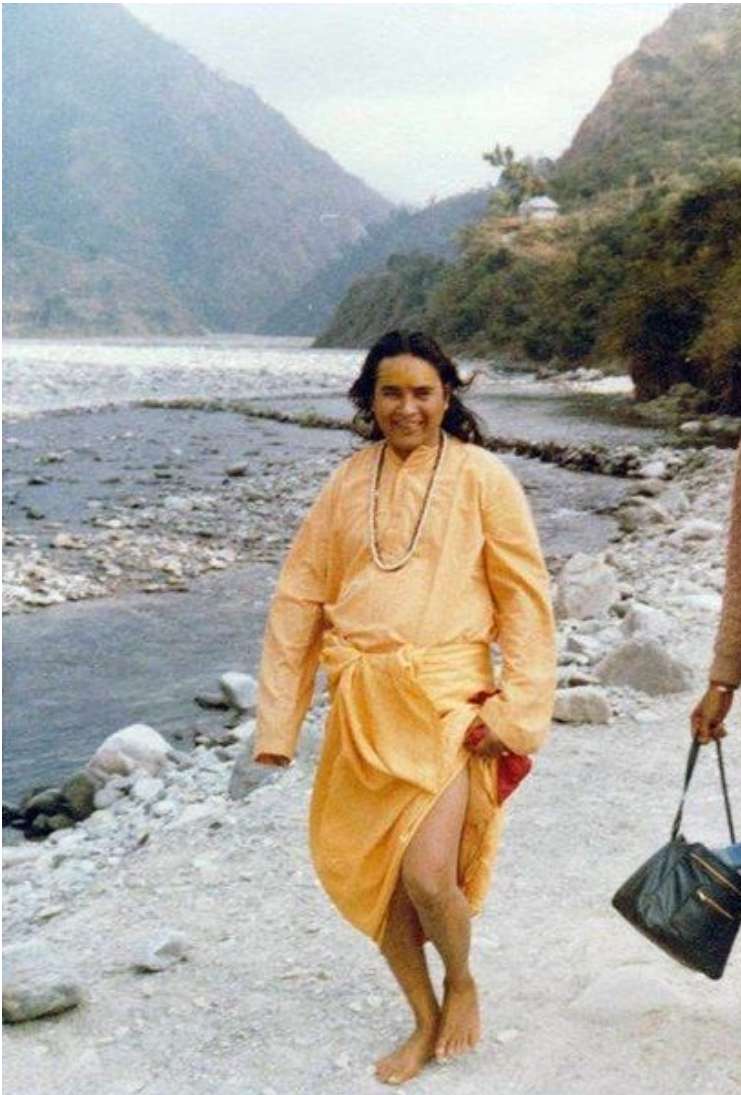
Sita - The consort, wife of Lord Ram. She is the ideal of Indian womanhood.

Vedas - The earliest of the scriptures; the base of the Hindu religion.

Vishnu - One of the three major Gods in the Hindu religion; the Maintainer or Sustainer of the Creation. Ram and Krishna were manifestations of Vishnu.

Yagna - A special (usually nine-day) sacred fire ceremony, accompanied by the reading of scriptures and other religious activities.

Yoga - Literally, yoke or union. A yoga is a pathway to union with God. Babaji stresses dedicated work (Karma yoga) as the best means of attaining God in this Age.



Yogi - One who practices yoga; a renunciate.